

RAOK: Providing help because it was the right thing to do

Nancy Hussman's tale about how she and her husband helped an injured man until authorities arrived is the winning selection for today's Random Acts of Kindness award.



Winners are picked randomly each day. To be in the running, just write a comment below about a Random Act of Kindness you witnessed, or were part of by either being the recipient or the giver of the act.

Throughout January *Lake Tahoe News* is promoting Random Acts of Kindness. It doesn't have to be something major. Kindness comes in many forms.

Area businesses are donating the rewards. Nancy will be receiving a gift certificate to Sprouts.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

RAOK: Teaching her daughter to give at an early age

Heather Cade is going skiing at Sierra-at-Tahoe because she is the latest winner of *Lake Tahoe News*' Random Acts of Kindness promotion.



Maybe she'll be giving the award to her daughter – after all, Mykenzie is the one who donated her old toys to be used by kids who don't have as much as she has.

Random Acts of Kindness is *Lake Tahoe News'* way to start off the year on a positive note by encouraging kindness. Local businesses are supplying the rewards.

It's free and easy to participate. All you have to do is perform a Random Act of Kindness, witness one or be the recipient of an act. Then tell us about it via a comment at the bottom of this story.

Each day this month someone will be rewarded. You may post every day. Winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

RAOK: Recognizing the good others have done

What Random Act of Kindness have you done, witnessed or been a recipient of?



Let us know by writing about it at the end of this story and you may win something.

Bob Sweatt is the latest winner of the RAOK promotion

sponsored by *Lake Tahoe News*. He nominated a friend, but we have Bob's contact info so the award is going to him. He won a \$50 certificate from Sealed with a Kiss.

Our goal is to start off the year on a great note and recognizing all the little and big things people do for one another. Local businesses are getting in on the acts by providing the prizes.

Now, tell us about your Random Act of Kindness.

The few rules that apply to the promotion and more details about it can be found on this story.

RAOK: Giving to others who are in need

Random Acts of Kindness come in all forms. This is truly evident by the varied comments that have been posted through this promotion *Lake Tahoe News* is sponsoring through the month of January.



Janice Eastburn is the most recent award recipient. She is receiving a one-hour business consultation session with Knox & Associates as well as the new book about Steve Jobs.

It's easy to be part of Random Acts of Kindness. Write a comment below about an RAOK you received, witnessed or partook in.

The goal is the kindness expressed throughout January will continue forever. But this will only be successful if you tell

everyone about the Random Acts of Kindness.

The few rules that apply to the promotion and more details about it can be found on this story.

RAOK: From school mascot to restaurant diner

Pedro Kinner will soon be eating at Echo Restaurant inside Embassy Suites in South Lake Tahoe.



This is because he is *Lake Tahoe News*' latest Random Acts of Kindness winner and Echo donated a \$25 gift certificate.

Every day people are doing Random Acts of Kindness, are the recipient of one or witness one. *Lake Tahoe News* is providing a forum for people to share those experiences. Local businesses are supplying the rewards.

It's free and easy to participate – and it's going on all month.

There is no limit to the number of times you can submit an entry. To do so, write about the Random Act of Kindness at the bottom of this story. Winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

RAOK: Emotional freedom for people and animals

Larry Sabo is today's Random Acts of Kindness winner. He was nominated by a colleague who wanted him to be the recipient of the award because he demonstrated the Act of Kindness. He rescued a pigeon that flew into an office window, calmed it down and then took it to Lake Tahoe Wildlife Care.



Larry is the winner of a 45-minute Emotional Freedom Technique session with Rosemary Manning at Tahoe Health Touch.

Random Acts of Kindness is *Lake Tahoe News'* way to start off the year on a positive note by encouraging kindness. Local businesses are supplying the rewards.

It's free and easy to participate. All you have to do is perform a Random Act of Kindness, witness one or be the recipient of an act. Then tell us about it via a comment at the [bottom of this story](#).

Each day through the month of January someone will be rewarded.

If you haven't been picked, just keep trying. Winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out [this story](#).

RAOK: From dinner for his wife to watching the Giants

Bruce Brown is going to see the May 19 baseball game at AT&T Park courtesy of *Lake Tahoe News*. The San Francisco Giants host the Oakland A's that day.

He and whomever he chooses to take are going because Brown was randomly chosen as the latest winner of *Lake Tahoe News*' Random Acts of Kindness promotion. Based on his Act of Kindness – surprising his wife with dinner – the second ticket may be spoken for already.



It's free and easy to participate. All you have to do is perform a Random Act of Kindness, witness one or be the recipient of an act. Then tell us about it via a comment at the bottom of this story.

Each day through the month of January someone will be rewarded by a business in Lake Tahoe.

If you haven't been picked, just keep trying. Winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

RAOK: From a torn coat to laughter at the Improv

Cathy Martin is *Lake Tahoe News*' first Random Acts of Kindness winner. She and a friend will be the guests of Howie Nave at the Improv at Harveys in Stateline.



Random Acts of Kindness is *Lake Tahoe News*' way of getting people to think about how they treat others. Read more about this monthlong promotion as well as the comments at the end of that story to know what Cathy wrote.

Then, at the end of this story, write your comment regarding a Random Act of Kindness to be in the running for the next prize.

Random Acts of Kindness – tell us what yours are

Lake Tahoe News wants to start off 2012 on a happy, positive, joyful (insert favorite word) note. Mostly, we want it to be a kind note.

With that said, January will be Random Acts of Kindness Month on *Lake Tahoe News*.



We are asking all readers to let us know about a Random Act of Kindness that they did, were a recipient of, or that they witnessed. It could be as simple as opening a door for someone.

Start today by putting a comment at the end of this story. Then, each day a Random Acts of Kindness story will be on *Lake Tahoe News* announcing who won, why that person won and what was won.

We realize people may be reluctant to promote themselves. We hope you will get beyond that because your kindness deserves recognition and ideally will help foster more kindness from everyone who reads about it.

We also realize you may not want to get credit for receiving or witnessing a Random Act of Kindness. Still, the awareness of it and acknowledgement should be made public so people can see the world is full of goodness. The other thing you can do is ask the people involved if you could post their name and write about the Act. If you want them to be in the running for the prize, first post what the Random Act of Kindness was and say that you want that person to be a contender for the prize. Then you will need to send their email address to info@LakeTahoeNews.net with RAOK in the subject line and details in the body of the email or tell them about Random Acts of Kindness to have them write a comment on *Lake Tahoe News* so they put themselves in the running.

Randomly, one of the people who writes in will be rewarded each day in January.

While Random Acts of Kindness should not necessitate more than a "thank you" from the person on the receiving end, with the help of dozens of local businesses we are going to reward you for your Random Acts of Kindness.

Our goal is the kindness expressed throughout January will continue forever. But this will only be successful if you tell us about the Random Acts of Kindness. If you are shy about receiving a gift, consider donating your gift – if appropriate – to further extend the Random Act of Kindness.

A few rules and things to know:

- Anyone, living anywhere may participate. This includes people who write for *Lake Tahoe News* or do other work, advertisers, previous contest winners, and people in another country (though you may need to come to Tahoe to get your gift).
- Winners' full names will be published.
- Prizes have already been assigned to specific dates so there cannot even be the perception of an individual or response receiving preferential treatment.
- All negative, irrelevant comments will be marked as spam. Go by the rule – If you can't say something nice, don't say anything at all.

Thank you in advance for being part of *Lake Tahoe News'* inaugural Random Acts of Kindness Month.

9/11: South Shore remembers those who died in 2001

By Jessie Marchesseau

Rounding the corner en route to the Duke Theatre at Lake Tahoe Community College on Sunday, I walked into a sea of tiny American flags, 2,977 of them to be exact. One for each victim of the attacks.

A loud bell was tolling – 2,977 times.



Each flag represents one of the 2,977 people who died at the World Trade Center.

Photos/Jessie Marchesseau

In commemoration of the 10th anniversary of 9/11, LTCC presented The 9/11 Project. The event, which consisted of a theatrical presentation, a panel discussion, and a special commemoration and reception, was not only to pay tribute to those who died that day, but also to celebrate local public safety personnel.

“I wanted to honor and remember the victims of 9/11 and morph it into something a little more hopeful,” Susan Boulanger, director of theater arts at LTCC, said.

Girl Scouts wearing sashes handed out programs at the door and asked for donations for the South Lake Tahoe Search and Rescue. The local Boy Scout troops had placed the nearly 3,000 miniature flags into the ground. Most of the Scouts did not

look old enough to remember that day in 2001, some of them were probably not even born yet.

The Duke Theatre, which holds 190 people, was packed. Some attendees were forced to stand in the walkways. As the lights went down, 18 actors dressed in black took their places on stage in front of 18 chairs. Seeing them standing there, somber, on a stage of all black, a firefighter uniform and hats from various public service departments displayed in the rear corner of the stage, it was apparent there would be no singing and dancing in this play.

Boulanger chose to do a collection of monologues from two plays for the 9/11 presentation. Seventeen actors would be reading from "With their eyes – September 11th: The view from a high school at Ground Zero," a series of real-life accounts of faculty, staff and students at Stuyvesant High School, located just four blocks from the World Trade Center. The 18th actor would perform excerpts from "The guys," a play based on a true story about a New York City fire captain who lost eight of his men in the tragedy, and is then faced with the task of finding the words to remember each of them.

Before a syllable was even spoken on stage, I felt the lump forming in my throat and the tears beginning to well in my eyes. A woman in front of me pulled a tissue from her purse. Just the thought of that day brings about myriad emotions for many of us.



Law enforcement
gather at LTCC

for Sunday's event.

The performance was dramatic. Not a giggle or a snicker in the house. Each oration was a reminder of the real people affected that day, not mythical heroes or ghosts, but ordinary people whose lives would never be the same.

"We tend to forget that they're human beings," Boulanger said. "We put heroes on a pedestal."

She said she chose this particular set of monologues to remind us all of that.

After the theatrical presentation, a panel of seven law enforcement officers, firefighters and military veterans took their place on stage to share how the events of 9/11 affected each of them personally and their professions. The audience was also encouraged to pose their own questions to the group.

South Lake Tahoe Police Chief Brian Uhler said it was an honor to be asked to be part of the panel. "I'm glad that people are still paying attention, and we haven't become numb to the events of 9/11," he said.



A plaque at LTCC honors those who lost their lives Sept. 11, 2001.

Due to weather, the commemoration and reception that had been slated to follow at the Ledbetter Terrace was moved into the theater. Boulanger announced the planting of two crab-apple trees in the terrace along with a plaque reading "In Honor of the Heroes and Victims of 9/11 And the Heroes Who Protect Us Today September 11, 2011." As she gave thanks to our public service personnel, the audience offered a standing ovation.

"I wasn't there when it happened, and I couldn't do anything then," Joanie San Agustin, one of the actors, said after the performance. "This was a really great way to pay tribute to those who gave their lives and those who lost their lives."