

RAOK: Putting others first

Kindness, is what this month's promotion on *Lake Tahoe News* is all about. While it's called Random Acts of Kindness, it's also about just being kind.



Lisa Huard is the latest winner. Sierra Athletic Club is letting her workout there for a month. Lisa is being recognized for her generosity toward a friend who is contending with a serious medical condition.

We want to hear about the Random Acts of Kindness you are witnessing, or being a part of either by being the giver or receiver of a RAOK.

Write about as many acts of kindness as you like. The promotion lasts until the end of January.

Previous RAOK stories may be read by going to the Random Acts of Kindness tab at the top of the page.

There are a few rules associated with Random Acts of Kindness. If you want to read them, check out this story.

RAOK: Friendship is about giving back

Carla Zezula knows how to make a friend's day – just ask Mike Patterson. He nominated Carla for the good deeds she has done while he's laid up with a broken ankle.



As *Lake Tahoe News*' latest Random Acts of Kindness winner, Carla is receiving an hour of digital ad creation through KizmeTech.

What kindness have you witnessed, received or done? Tell us about it and you will be in the running for a prize from one of the many Lake Tahoe businesses that are part of Random Acts of Kindness.

Although the prizes are great, the whole point of RAOK is to promote kindness, recognize it, spread it, say thank you, slow down, maybe even be a little less caustic and critical.

Write as many times as you like. The promotion is going on throughout January. Previous RAOK stories may be accessed via the Random Acts of Kindness tab at the top of the page.

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RAOK: A grateful sister

Carole Taylor is *Lake Tahoe News*' Random Acts of Kindness winner for today. She was nominated by her sister, Ruth, for everything she has helped her with.



Alpen Sierra Coffee will be making her mornings better by rewarding her with 1 pound of coffee.

Random Acts of Kindness is *Lake Tahoe News'* way of getting people to pause, to pay attention to all the good there is out there. We want to hear about the kindness you have received, witnessed or given. All you have to do is jot a comment at the end of story. Then you will be in the running for a prize donate by one of the many kind businesses in Lake Tahoe.

People may write in multiple days. The promotion is going on throughout January. To read previous RAOK stories go to the Random Acts of Kindness tab at the top of the page.

There are a few rules associated with Random Acts of Kindness. If you want to read them, check out this story.

Be kind!

RAOK: Recognizing a trustworthy customer

We know plenty of Random Acts of Kindness occur every day. It's time to tell us about the ones you see, you did or ones done to you.



It's not about being in the running for a great prize from one of the many Lake Tahoe businesses that have contributed to *Lake Tahoe News'* Random Acts of Kindness promotion, it's about spreading goodness. This can be happening wherever you are – not just Tahoe. You can even let us know about a past Random Act of Kindness; it doesn't have to happen today. And it doesn't have to be something incredible, it could be holding the door open for someone.

Jared is our latest winner. He works at Grass Roots in South Lake Tahoe and wrote in about the person who turned in nearly \$1,000 in cash that was found in the store.

Anthony Cupaiuolo of First Tracks Productions will be providing Jared with some ski/snowboard DVDs for recognizing the kindness of others.

Each day a story is posted about that day's winner. All stories are listed under the Random Acts of Kindness category at the top of the page.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

RAOK: Colleague shows kindness to everyone

Carmela Bechtol knows kindness when she sees it. She sees it nearly every day in Nancy Ziegler.



Nancy is today's winner of *Lake Tahoe News'* Random Acts of Kindness promotion. She will be receiving note cards from Dirk Yuricich Photography.

Random Acts of Kindness as a promotion on *Lake Tahoe News* runs through the end of the month. The goal remains the same since Jan. 1 – be kind. Let us know about your RAOK – one you saw, did or were the recipient of. Just write about it at the end of this story.

All the things people have written about are posted under the Random Acts of Kindness category at the top of the page.

Everyone nominated in the RAOK promotion is up for a prize from one of the many kind businesses in town.

What is your Random Act of Kindness?

RAOK: Recognizing workers at the Backdoor Pantry

Bill Yale wins the daily Random Acts of Kindness prize for writing in about all the good deeds everyone does at Saint Theresa's Backdoor Pantry.



The Black Bear Inn is today's business donating the prize. Bill will be receiving a cookbook from area bed and breakfasts as well as two coffee mugs from the Black Bear.

Random Acts of Kindness is *Lake Tahoe News*' promotion to spread kindness. We are encouraging people to do acts of kindness, then write about it, as well as write about ones they see and receive. This is going on all month.

Each day a story is posted. They are all listed under the Random Acts of Kindness category.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

RAOK: Giving clothes and giving away RAOK prize

In the spirit of Random Acts of Kindness, the person selected as today's winner has generously given her prize to Shannon Parker.



Babette wrote in about giving to a family who lost many of their belongings in a storage shed.

While the current prize may not help them with that loss, it will give Shannon something to look forward to. Les Wright has donated an entry into either the 5K or 10K during the

September Lake Tahoe Marathon weekend.

Area businesses are helping make Random Acts of Kindness extra special. *Lake Tahoe News* is providing a forum for people to write in about a Random Act of Kindness they saw, did or received. All you have to do is write about it at the end of this story.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

RAOK: Finding good people in Tahoe's schools

Recognizing the efforts of a cafeteria worker at her child's school has earned Michelle Ramirez two tickets to ride the tram at Squaw Valley.



She is the latest winner of *Lake Tahoe News*' Random Acts of Kindness. However, she wants Joy Santos, the worker, to receive the award. So it is Joy who will be off to Squaw with a friend.

Each day a Random Acts of Kindness story is posted with that day's winner. Past stories may be found under the Random Acts of Kindness category at the top of the page.

To win, all you have to do is witness a Random Act of Kindness, be the recipient of kindness or be the giver. These acts can take most any form, from opening a door, to stacking firewood, to giving a ride to someone in need. What is your

Random Act of Kindness?

It isn't about winning, it's about being kind. But local businesses have stepped up by being kind and rewarding your Random Acts of Kindness. To keep with the theme, winners are picked randomly.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.

RAOK: A little fuel to be able to keep stacking that wood

Help with stacking wood is always welcome. That's just what Dee Phillips got.



Being appreciative of her friend's Random Act of Kindness has her being today's winner of *Lake Tahoe News'* monthlong RAOK promotion. She will be getting a gift certificate from Cork and More for one of their deli sandwiches.

Random Acts of Kindness is *Lake Tahoe News'* way to fire up that spirit of kindness that so often seems to be missing. Acts of kindness are just that – an act of kindness. It doesn't have to be something grandiose – though some of the comments prove they can be.

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RAOK: An honest clerk sets the tone for the day

Just being honest can make a person's day. It made Jenny Anderson's.



She is *Lake Tahoe News*' latest Random Acts of Kindness winner. But she is giving her prize to the clerk, Jared, who helped her. Weidinger Public Relations is arranging for him to play a round of golf at Edgewood Tahoe.

Random Acts of Kindness are selfless acts performed randomly. They occur every day. *Lake Tahoe News* wants to tell the world about them. That's what this promotion through the month of January is all about – promoting kindness.

Tell us about the Random Act of Kindness you did, witnessed or received at the bottom of this story to be considered for tomorrow's prize.

For more details about Random Acts of Kindness and the few rules associated with it, check out this story.