

Perimenopause subject of health talk

The next 2011 Barton Health & Wellness Lecture is Oct. 26 from 6:30 to 7:30pm with Allison Steinmetz from Barton Internal Medicine.

The free event is at Lake Tahoe Community College's board room, 1 College Drive, South Lake Tahoe.

The doctor will discuss perimenopause, which is the process of change that leads up to menopause. She will provide remedy options, natural and hormonal for menopause. Steinmetz believes if women know what to expect, it can ease them into this new phase of life.

For more information, call (530) 543.5656.

Panel discussion for parents about youths drug use

The Youth Task Force is having a parent information meeting Oct. 20 at 5:30pm to discuss drugs and alcohol.

The panel presentation will include law enforcement, drug counselors, doctors and probation officials.

The event is at South Tahoe Middle School's multipurpose room.

For more information, contact Heather at Tahoe Youth & Family Services, (530) 541.2445.

Snippets about Lake Tahoe



- Anyone interested in learning more about Edgewood Tahoe's hotel project may go on a tour Oct. 21 from 3:30-5:30pm or Nov. 1 from 10:30am-12:30pm. Meet at the clubhouse of the Stateline golf course. Or save yourself the trouble by reading what *Lake Tahoe News* wrote from having been on the tour.
- Two meetings in November are all about transportation in the Lake Tahoe Basin. Click on flyer for more details.
- If you want to talk aquatic invasive species, then show up for the Nov. 16 5:30-7:30pm meeting at the North Tahoe Events Center, 8318 North Lake Tahoe Blvd, Kings Beach.
- Adam T. Spicer of South Lake Tahoe passed the Nevada bar exam.
- Incline Village's 32nd annual Pumpkin Patch is Oct. 22 from 10am-3pm at Incline Elementary School. There will be pony rides, bounce house, picture booth and raffle prizes. Admission is free.

North Lake Tahoe plans week of prescribed burns

The North Lake Tahoe Fire Protection District is planning to conduct a prescribed burn from Oct. 19-26, depending on proper

weather conditions and fuel moisture content.

The projected areas are in the Second Creek drainage and Mill Creek subdivision.

Smoke resulting from the prescribed burns will affect the surrounding area for approximately 24 to 36 hours. People who are smoke sensitive are advised to stay inside and close their windows and doors as much as possible until the smoke dissipates.

For further information, call (775) 831.0351, ext. 0.

Want free tickets to the Festival of Trees and Lights?

Beginning the week of Nov. 7, *Lake Tahoe News* in collaboration with the Barton Foundation will be giving away four packages of tickets to the annual Family Night during the Festival of Trees and Lights.

The Dec. 2 family night package includes tickets for six people to the festival and a group picture with Santa.

The Festival of Trees and Lights is a family oriented three-day extravaganza (Dec. 2-4) that brings the magic of the holidays to life for all ages, while at the same time raising money for the Barton Clinic.

Details about the contest will be forthcoming next week.

The contest is open to everyone who is part of *Lake Tahoe News'* special NEWS subscriber list. All you have to do is send \$40 to *LTN*, then you are added to the list, you will be sent a

T-shirt as our thanks, and you qualify for this and other great promotions.



Creativity
shines at the
Festival of
Trees and
Lights.

Photo/LTN file

Send checks to Lake Tahoe News, P.O. Box 13406, South Lake Tahoe, CA 96151 or pay via credit card through PayPal on the website at the bottom right of the home page.

Please include your email address so we can ensure you are subscribed to receive the daily digest. To receive the daily email, which lists what has been posted in the last 24 hours, enter your email address at the bottom right of the home page.

Please don't forget to include your mailing address and shirt size – S, M, L, XL or 2X.

(Older shirts are for sale for \$15, but sizes are limited.)

Eating at Passaretti's in S.

Tahoe helps TACCD

In celebration of TACCD's 30-year milestone, five local restaurants are helping to increase TACCD's funding base.

Passaretti's is honoring Tahoe Area Coordinating Council for the Disabled with a percentage of its profits on Oct. 18.

The Getaway Café in Meyers was the first restaurant, while Ernie's Café was last week's restaurant.

Taqueria Jalisco's day is Oct. 25 and Coyote Grill is Oct. 27.

Hair cut benefits youngsters with cancer

South Tahoe High School's ALLY Club and RAH Hair Studio are having a fund raiser of sorts for children suffering for the effects of cancer treatments.

The hair salon is collecting hair from people who have at least 10 inches to donate.

Contacts Angie at RAH Hair Studio for a free cut on Oct 20 – (530) 545.1160.

Lake Tahoe Unified staff and students are lining up to have their locks cut off.

2-day prescribed burn off Hwy. 28

The North Lake Tahoe Fire Protection District is planning on conducting a prescribed burn Oct. 17-18, depending on proper weather conditions and fuel moisture content.

The 23-acre prescribed burn will be in Mill Creek drainage area off of Highway 28.

Smoke resulting from the prescribed burns will affect the surrounding area for approximately 24 to 36 hours. People who are smoke sensitive are advised to stay inside and close their windows and doors as much as possible until the smoke dissipates.

For further information, call (775) 831.0351, ext. 0.

Snippets about Lake Tahoe



- Northern Nevada's Great Basin Brewing Co. earned a bronze medal for its Outlaw Oatmeal at the Great American Beer Festival in Denver.

- Sierra-at-Tahoe's annual Pray for Snow Party is at Opal Ultra Lounge inside MontBleu casino in Stateline. The Nov. 10 event starts at 6pm for pass holders, 7pm for the general public.

- Warren Miller's "Like There's No Tomorrow" will be shown in

the MontBleu Theater in Stateline on Nov. 18 and Nov. 19. Doors open at 6:30pm, with the movie at 7:30pm. Tickets are \$16 plus tax and fees. It will be shown at CalNeva on the North Shore on Nov. 25 and Nov. 26 at 7:30pm.

- Roberta Montalbano is now El Dorado County Office of Education's associate superintendent of Administrative Services.

- Find out where the 7 Best Ski Destinations on Earth are. Read to the bottom – Tahoe is in the mix.

- This is Caltrans' Sierra roadwork schedule for this week.

Treat Street returns to S. Tahoe with help of TRYP

Trick or treat with Tahoe Regional Young Professionals at KRLT's annual Treat Street on Oct. 31 from 5-8pm.

Every Halloween KRLT takes over a local motel and fills rooms with local businesses and nonprofits to hand out candy to kids in a safe, controlled environment. Thousands of children attend decked out as superheroes, princesses, magicians, monsters or in some creative creation at Pine Cone Acre Motel (735 Emerald Bay Road, South Lake Tahoe).

TRYP members and volunteers will be passing out candy, serving hot cocoa and s'mores – in and around the haunted house. TRYP needs volunteers from 4-6pm and 7-10pm. Email TahoeTRYP@gmail.com to volunteer, to donate candy deliver bags to to Brandi Ledbetter-Brown at Tahoe Production House, on Highway 50 near Tahoe Keys Café and the car wash.