

# Coyote Grill helping raise money for Clean Tahoe

Clean Tahoe will be the beneficiary of the March 1 all-you-can-eat chili for \$1 fundraiser at Coyote Grill in the Round Hill shopping center.

Clean Tahoe will also receive 20 percent of sales from the menu from between 5-10pm.

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## Learn the ins and outs about living with diabetes

Join registered dietitian Jen Trew to learn about the basics of healthy eating and diabetic diet planning on March 8 from 6:30-7:30pm.

Discover the important role of macronutrients and blood sugar control. Lab glucose goals, A1C, lipids and blood pressure also will be discussed.

The first class is free.

Other lecture topics include:

- Target glucose levels
- Recommended daily protein
- Healthy and unhealthy dietary fats

Register by contacting Lynn Norton at (530) 543.5824 or email [lnorton@bartonhealth.org](mailto:lnorton@bartonhealth.org).

The class is at Barton University, 1113 Emerald Bay Road, No. 1, South Lake Tahoe.

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## Snippets about Lake Tahoe



- Ski Run Marina in South Lake Tahoe is hosting a Winter Celebration Feb. 25 from 10am to 5pm.
  - As of Feb. 14, El Dorado County Board of Supervisors meetings are online.
  - South Lake Tahoe based First Track Productions produced this video for LTVA of the Riglet Park at Sierra-at-Tahoe. If you need more more info, *Lake Tahoe News* wrote about this snowboard training facility for little ones on Feb. 5.
  - All in One Auto, a towing company in Ukiah, is planning to open a second location in South Lake Tahoe.
  - Here is the Sierra roadwork schedule for Caltrans for next week.
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# **League to Save Lake Tahoe chief to meet with locals**

League to Save Lake Tahoe Executive Director Darcie Goodman-Collins is having a meet and greet reception on March 6 from 6-8pm at the League's offices in South Lake Tahoe.

The office is at 2608 Lake Tahoe Blvd.

RSVP (530) 541.5388 or [events@keeptahoeblue.org](mailto:events@keeptahoeblue.org).

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# **Placer County residents asked to give input about next leader**

Placer County Board of Supervisors wants to know what qualities the public wants the next county executive officer to have.

An online survey is available until March 16. Or people may print the survey and mail it Ralph Andersen & Associates, 5800 Stanford Ranch Road, Ste. 410, Rocklin, CA 95765.

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# Lights and sirens mean pull to the right



When you see an emergency vehicle coming from behind or toward you with its red lights and siren sounding, give the right-of-way to that ambulance, fire truck, or police car by pulling over to the right side of the road and stopping.

Even if you are in the center turn lane, it's the law that you yield to the right side of the street without blocking the intersection.

Once the vehicles have passed, it is then safe to resume your normal travel path.

The fire department thanks you for your cooperation in our efforts to respond to emergency calls safely.

*– Sallie Ross-Filgo, South Lake Tahoe Fire Department*

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## Office furniture for sale

Need some furniture? A massage table? Filing cabinet? Other items for an office?

A Massage at Tahoe is moving and needs to get rid of its goods. Stop by 2197 Lake Tahoe Blvd., No. 8, South Lake Tahoe on Feb. 23 between 9 and 11am to purchase what you need at a good price. The office is between Third Street and Tahoe Keys

Boulevard.

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## Snippets about Lake Tahoe



- Does sweeping the roads of Lake Tahoe hurt or help lake clarity? Here's what the Tahoe Pipe Club has to say.

- State Sen. Ted Gaines, R-Rocklin, has been appointed to serve as a member of the Budget and Fiscal Review, and Legislative Ethics committees for the remainder of the 2011-12 legislative session.
  - Leave No Trace Center for Outdoor Ethics honored Dave Polivy, owner of Tahoe Mountain Sports in Kings Beach, as one of its extraordinary member-activists of 2011.
  - Read about Random Acts of Kindness beyond the Lake Tahoe Basin.
  - Results of the annual South Lake Tahoe citizens' survey, which is randomly sent to residents and businesses, are on the city's website.
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# **USFS pile burning throughout Tahoe basin**

U.S. Forest Service fuels management crews will continue prescribed fire operations in several locations around the Lake Tahoe Basin this week.

Operations may take place near Meeks Bay on the West Shore, Slaughterhouse Canyon on the East Shore and near the end of Andria Drive on Kingsbury Grade. Locations and size of the operations will depend on conditions at each site. Operations may continue through the weekend, weather permitting.

To directly receive prescribed fire updates, send an email to [pa\\_ltbmu@fs.fed.us](mailto:pa_ltbmu@fs.fed.us).

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## **NV Energy Foundation doling out money**

Thirty-two organizations in Northern Nevada are receiving grants from the NV Energy Foundation, including Tahoe Youth & Family Services, Food Bank of Northern Nevada and the Nevada Land Conservancy.

In total, the foundation is giving \$342,000 to be shared among 61 organizations throughout the state.

For more information, go online.