

Free document shredding at St. Theresa School

Iron Mountain Secure Shredding will be at St. Theresa School (1041 Lyons Road, South Lake Tahoe) on May 12 from 10am to 1pm to shred people's old files.

Iron Mountain is donating its services in hopes people make a donation to St. Theresa School.

Individuals and businesses are welcome.

Snippets about Lake Tahoe



- The Beacon Bar & Grill's outdoor music begins May 26 with the Rebecka Chase Band.

- North Lake Tahoe Fire Protection District will be celebrating National Emergency Medical Services Week (May 20-26) throughout May. Firefighters will be hosting ambulance tours at the schools in an effort to educate students about emergency medical situations and what to do in the event of an emergency.

- Hannah Greenstreet in June will have full reigns of the management of Freshies restaurant in South Lake Tahoe when owners Erik and Melodie Ulman relocate to Hawaii.

- Mizuno is asking young volleyball players to submit video

diaries, photographs and essays showcasing their personal journeys and elaborating on how competitive volleyball has affected their lives and made them better, stronger individuals. The grand prize is a volleyball clinic given to the winner's team in their hometown, conducted by a USA Volleyball team member. More information is online.

- These are the weekly Sierra and El Dorado-Tahoe roadwork reports from Caltrans.

Grant eases El Dorado County soldiers' ability to vote from afar

El Dorado County Registrar of Voters Bill Schultz is ushering in a new era of helping people in the military and overseas citizens cast a ballot.



A \$1.8 million federal grant to El Dorado County will allow El Dorado and 12 other California counties to send ballots and voting information electronically to these voters.

The counties' consortium, known as Cal E-Promise, will provide an easy to use, online interface for voters to access their ballot at their convenience. This is especially important for deployed military voters who may have unpredictable schedules.

Current law does not allow voters to mark the ballot online or return the ballot by email. Electronically delivered ballots must be mailed or faxed back to the Elections Department.

El Dorado County's military and overseas citizens may access their ballot electronically by going to the Elections Department's Military and Overseas Voters website.

Snippets about Lake Tahoe



- Northstar's 18-hole golf course is scheduled to open May 18.

- *Nevada* magazine's Great Nevada Picture Hunt photo contest is open to all photographers. Send up to eight submissions via email to tony@nevadamagazine.com by 5pm June 29.

- The May issue of *Men's Journal* lists Truckee as one of the Best Mountain Towns in America.

- Starting July 16, live music will be offered at Sand Harbor on the stage usually reserved for Shakespeare performances. Details are online.

- Harcourts NV1 Realty recently made two donations to Austin's House (the only emergency children's shelter in rural Northern Nevada) – a four-wheel drive vehicle, and supplies and labor to replace the floors in the kitchen, mudroom and hallways.

Kitchen fires are often deadly

Kitchen fires are frequent and preventable. Every year there are millions of kitchen fires in the United States. Most of them are small, but fires of this kind kill about 400 people every year.



They can be prevented by practicing the following safety rules: keep stoves and ovens free of grease; do not wear loose clothing when you cook, and make sure young children are always supervised in the kitchen.

The South Lake Tahoe Fire Department urges you to keep your home fire safe.

– Sallie Ross-Filgo, SLTPD

Tahoe businesses unite to help Zawadisha Fund

Five South Shore businesses are donating a portion of their proceeds in May to the Zawadisha Fund.

“She is Beautiful Lake Tahoe” is about locals honoring

themselves or those they care about, while supporting Kenyan women and children as they learn life saving self-defense skills and gain economic independence through micro-loans.

The Zawadisha Fund provides financial and technical assistance to the Kenyan NGO “Dolphin” for their self-defense and AIDS education workshops and has also implemented an innovative micro-loan and savings programs for women in Eldoret, Kenya. The mission is to improve and empower the lives of women and children in Kenya.

For more information, go online or more at our website www.zawadisha.org contact Julie Lowe at jules@zawadisha.org.

The participating businesses are:

BioSpirit – Massage & More, (530) 541.5511;

Bliss Skincare Studio – Facials & More, (530) 318.8854;

Elevate Wellness Center – Acupuncture, Bodywork, and Nutrition, (530) 541-9355;

Gaialicious – Global Gifts, (530) 542.4244;

LauraNidra Yoga @ Mountain Yoga, May 19, 4-5:15pm Flow Class, all levels welcome.

Snippets about Lake Tahoe



- Santa Barbara City College board of trustees on April 26 chose Lori Gaskin to be president of the college. She worked at Lake Tahoe Community College for 17 years as a dean of Instruction, then the vice president of Academic Affairs and Student Services.

- Stream fishing season opens April 28 in California.
- Away.com puts Lake Tahoe in the top 10 for places to travel to during Memorial Day weekend.
- Kirkwood Mountain Resort will be open April 27-29.
- Truckee-based Sierra Agape Center has launched a website showcasing a new look and information about the nonprofit's range of donation-based counseling services.

Dispose of prescription drugs for free

South Lake Tahoe Police Department and Drug Enforcement Administration officials will accept unwanted prescription on April 28 from 10am-2pm at Safeway in South Lake Tahoe located at 1020 Johnson Blvd.

By providing a place to dispose of medications, officials hope to help prevent abuse of prescription medication. The service is free and anonymous.

Snippets about Lake Tahoe



- Green Drinks is about bringing like-minded people together in a social setting the last Wednesday of every month at the Divided Sky in Meyers from 6-8pm. (That would be tonight.) This is a monthly gathering of environmentally conscience people. The gathering is open to anyone who works in, cares about, or is even remotely interested in sustainability.
- Rep. Tom McClintock, R-Citrus Heights, is having a town hall meeting on April 30 at the Pollock Pines-Camino Community Center, 2675 Sanders Drive, Pollock Pines at 6pm.
- The 2012 Valhalla Arts and Music Festival schedule is out.
- The Truckee-Grass Valley has been named one of the most mail-efficient areas the state by Catalog Choice's MailStop Index.
- Thirty people died in avalanches in the United States this winter, according to the Colorado Avalanche Information Center.

Activities for adults and

kids center on wildfire awareness

Nevada Wildfire Awareness Week will kick off April 28 at Mills Park in Carson City.

The event runs from 10am to 2pm and gives people a chance to talk to local firefighters, learn how to use a fire extinguisher, discuss insurance questions and visit with vendors displaying products and services.

There will also be activities for children, including meeting Smokey Bear, visiting the Fire Safety House and playing at the Ember House, which illustrates how flying embers can be lodged in various places.

They can also explore firefighting helicopters and fire engines.

For more details about this and other Wildfire Awareness Week events, go online.