

Creative caption writer wins copy of 'Tahoe Blues'



Julie Howes is starting her summer reading with "Tahoe Blues" – the book published by Meyers publishing house Bona Fide Books.

Howes had the winning caption, and correct location, in the latest *Lake Tahoe News* contest. Her caption was: "West Shore Cafe and Inn – where your peace of mind begins and your memories stay forever."

For those wanting a copy of "Tahoe Blues" they are available online. Or attend tonight's book launch, reading and signing at 7 at the Ledbetter Terrace at Lake Tahoe Community College.

2-part seminar focuses on training issues for athletes

Alpenglow Sports and Tahoe Peak Endurance is hosting a two-part seminar on heart rate training and sport nutrition on June 18 at 6:30pm.

This is a free community even. Athletes of all ages and types are encouraged to attend.

Part of Adventure Sports Week Tahoe, the seminar will cover what people need to know about heart rate training and how to keep fueled, healthy and recovered for the next adventure.

Each talk will last 30 minutes with question and answer afterward.

Part 1: ““Training to the Beat of your Own Heart” with Colleen Conners-Pace.

Part 2: ““How to Fuel for your Exercise Regime” with Jill Whisler.

For questions, call (530) 583.6917.

Carson Valley Days means extra cops on the streets

Douglas County sheriff's deputies will be at maximum deployment this weekend for the annual Carson Valley Days celebration.

The two major events of the weekend are the Friday night celebration in old-town Gardnerville, and the Saturday morning parade along Highway 395 in town.

The Friday night celebratory event was started by citizens of the Carson Valley years ago as a means to strengthen the bond of the community and commemorate the accomplishments of the past year.

Deputies will be conducting extensive foot patrols throughout the area during the entirety of the celebration.

Due to the adult nature of the event, minors are discouraged from attending unless in the custody of a parent.

Poet to give workshop at South Tahoe library

Award-winning poet Lillian-Yvonne Bertram will be hosting a poetry reading and workshop at the South Lake Tahoe Branch Library on July 7 at 2pm.

The event is free.

The library is at 1000 Rufus Allen Blvd., South Lake Tahoe.

Snippets about Lake Tahoe



- A sign that summer in Tahoe is here – the outdoor stage at Harveys is up.

- Dallas Cowboys quarterback Tony Romo is favored 5-2 to win the American Century Celebrity golf tournament at Edgewood Tahoe July 20-22.

- The Truckee mayor will lead a tour of downtown as part of a joint planning commission and town council workshop on June 12 from 8:30-10:30am.

- United Blood Services is having a blood drive June 8 from 11am–5pm at the D.W. Reynolds Non-Profit Community Center, 980

Incline Way, Incline Village.

- Alpen Sierra coffee is profiled in the latest issue of *Coffee Talk* magazine.

Winners in LTN paid subscriber contest revealed

Thank you to everyone who became a paid subscriber to *Lake Tahoe News* during our promotion in May. This will greatly increase our efforts to becoming an adjudicated publication.

For those who submitted their paperwork in May, they were in the running for one of two photographs taken by Dirk Yuricich. Patricia Miller won the Mount Tallac photo and Murrough Wallace won the Hope Valley barn photo.

Everyone who becomes a paid subscriber of *Lake Tahoe News* is automatically part of the NEWS Team. This qualifies you for special deals. The next give-away occurs June 8.

Hight lends her name to

clothing line

Olympic snowboarder Elena Hight of South Lake Tahoe has entered the world of fashion.

Her collection with Volcom is all about comfortable chic to fit her traveling lifestyle. Hight's pieces are designed to take the active girl from a day on the mountain to dinner with friends, without sacrificing style.

The clothing line is available starting this month.

Snippets about Lake Tahoe



- Lakeview Commons' dedication ceremony is June 20 at 2pm.
- Granlibakken in Tahoe City will launch its treetop adventure park this month. It consists of platforms installed in trees that are connected by various configurations of cable, wood, rope and ziplines to form bridges.
- Truckee Police Department has promoted Robert Leftwich to captain, Danny Renfrow to sergeant and named Ryan Moreau officer of the year.
- Here are Caltrans' weekly roadwork schedules for the Sierra and El Dorado-Tahoe.
- Lake Tahoe Wildlife Care's annual open house is Aug. 5 from

10am-4pm. This is the once a year opportunity for people to visit the South Shore animal rehab center.

'20s-era fundraiser at Tahoe Maritime Museum

Tahoe Maritime Museum is celebrating the '20s in Tahoe. On June 30, the Homewood museum becomes the Swinging Summer Night Dinner and Dance place.

Cost of the 5:30-8:30pm event is \$65 per person. RSVP to katena@tahoemaritime.org or (530) 525.9253, ext. 103 by June 25.

Snippets about Lake Tahoe



- Lake Tahoe Chocolate Shop now has a store inside MontBleu casino in Stateline.

- The conference sales staff of the North Lake Tahoe Convention & Visitors Bureau was recently honored with the 2012 *Successful Meetings* magazine's Pinnacle Award.
- Pacific Union International, a luxury real estate brand in the Bay Area, has opened an office in Truckee.
- Unity at the Lake's yard sale at 1195 Rufus Allen Blvd., South Lake Tahoe is June 30 from 9am-1pm. For more info, call (530) 544. 2266.
- Tahoe Center for Environmental Sciences on the Sierra Nevada College campus in Incline Village is hosting Tahoe's Avian Summer Visitors on June 14, 5:30pm. Cost is a \$5.