

Future of SLT rec center to be discussed

There will be a South Lake Tahoe recreation complex renovation workshop Nov. 18 at the center.

The Parks Trails and Recreation Master Plan has identified this site for future renovation. The community is being asked to share ideas.

The complex is located at 1180 Rufus Allen Blvd.

The workshop starts at 7pm.

Lecture to delve into health care laws

Learn about what the healthcare law means for you, your family and your small business.

The Nov. 20 meeting will include a detailed look at the state and federal rules and an overview of the new Covered California coverage options.

Register or call 775.588.1728.

The free talk is from 4-5:30pm in the board room at Lake Tahoe Community College.

Snippets about Lake Tahoe



Hal Cole

- The Nov. 18 9am South Lake Tahoe City Council meeting will include the state of the city address from Mayor Hal Cole.
 - Barton Health's Hospice on Dec. 3 from 6-7pm will honor those who have died. Light Up a Life is free and all attendees will receive a personalized ornament. For more info or to share an honoree, call 530.543.5581. The event is at Harrah's Lake Tahoe.
 - Mindi Befu is leaving Sierra-at-Tahoe to run Barton Health's marketing department.
 - State Sen. Ted Gaines, R-Roseville, received an A grade for the eighth year in a row on the Howard Jarvis Taxpayers Association's 2014 Legislative Report Card.
 - The National Environmental Education Foundation and Toyota have granted the League to Save Lake Tahoe \$2,000 to enhance several volunteer programs in 2015, including the annual Tahoe Forest Stewardship Day; Keep Tahoe Red, White & Blue Beach Cleanups on July 5; and Eyes on the Lake trainings and survey days.
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Snippets about Lake Tahoe



- South Tahoe High School's varsity boys cross country team took third place at the regional championships Oct. 31 and the girls took fourth. The boys team and three individual STHS girls will be headed to Las Vegas next weekend for the state championship.
- The comedy-thriller "Meet the Blacks" is being filmed in Placerville. The movie is scheduled for release in 2015.
- Here are the El Dorado-Tahoe and Sierra roadwork schedules for the week.
- Lynn Norton with Barton Health Nutrition Services will give a talk Dec. 2 from 6-7pm that includes nutrition tips to minimize cancer risk, myths and facts about body composition, physical activity, plant-based foods, animal products, alcohol, and supplements. The free lecture will be in the board room of Lake Tahoe Community College.
- Check out this South Tahoe High School video about stopping bullying on campus:

Grief counseling available through Barton

Barton Hospice's Reflections of Life and Loss grief support group meets the first and third Thursday of each month. Time varies so call ahead – 530.543.5581.

Meetings are at 2092 Lake Tahoe Blvd., Suite 600, South Lake

Tahoe.

Barton Hospice encourages people who have experienced the loss of a loved one or have endured a significant, life-altering event to attend the ongoing bereavement group. This group helps teach attendees how to cope with certain situations and encourages emotional connections with others.

Support and bereavement groups allow people to release emotions they may otherwise keep to themselves. It can improve a participant's mood and decrease psychological distress.

Douglas County water rate increases looms

Douglas County commissioners again are going to take up the topic of water rates on Dec. 18 at their 1:30pm meeting in Stateline.

The public hearing will be to discuss changes to the monthly rates for the Skyland Water System and Cave Rock/Uppaway Water System.

The water rates for both Lake Tahoe water agencies were last changed in 2010. New rates are expected to take effect Jan. 1.

Connection fees and private fire service charges are also proposed to increase.

For more info, call 775.782.9989. Comments, objections and protests may be sent to P.O. Box 218, Minden, NV 89423.

Talk to focus on what is beneath Tahoe's surface

Geoff Schladow, director of Tahoe Environmental Research Center, will give two presentations this month about what is going on beneath Tahoe's surface.

The first is Nov. 5 at the North Tahoe Events Center in Kings Beach; the other is Nov. 6 at the Elks Point Fire Station in Round Hill. Both are from 6-7:30pm.

Schladow will share insights into Tahoe's circulation pattern research, results of the NDEP-Tahoe Water Suppliers Association 2014 Risk Assessment Report, and water resource management implications.

Snippets about Lake Tahoe



- Barton Auxiliary is having a blood drive Dec. 1 from noon-6pm at Lake Tahoe Resort Hotel in South Lake Tahoe.

- Jeff Hamilton is Sierra Sotheby's International Realty's vice president of North Tahoe operations.
- Here are the El Dorado-Tahoe and Sierra roadwork schedules for the week from Caltrans.

- This year all sixth-grade students in Lake Tahoe Unified School District participated in planting sugar pines in the Angora burn area. They had presentations and activities on water quality and erosion, water conservation, defensible space and wildland fire safety.
 - Smokey Bear and the Tallac Hotshots teamed up with South Lake Tahoe Cub Scout Pack 592 to teach them about campfire safety.
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Holiday fair benefits Barton hospital

The 44th annual Barton Auxiliary Holiday Faire is Nov. 9.

Barton Auxiliary volunteers and employees from the Attic, Barton's thrift store, have selected their favorite holiday and winter donations to sell. Items available for purchase will include jewelry, crystal, antiques and collectibles, holiday decorations, winter wear, vintage dolls, purses, and other gift items.

The faire will take place between 9am-3pm at the St. Theresa Grace Hall on the corner of Lyons Avenue and Highway 50 in South Lake Tahoe. Santa Claus will make a guest appearance between 10am and 2pm. Lunch, bake sale items, and Barton's famous cheese balls will also be available for purchase.

All proceeds benefit Barton Memorial Hospital.

For more information, call 530.541.3378.

Sierra putting on Dodgeball Tourney

Sierra-at-Tahoe is taking it to the court on Nov. 13 for the third annual Sierra Snowball Fight: A Dodgeball Tournament at Steamers Bar and Grill in South Lake Tahoe.

The party starts at 7pm; all ages are welcome. Grand prize for the winning dodgeball team is worth more than \$1,000. Individual awards for MVP, Best Smash and Best Threads will be handed out.

The Cash Only Band will be playing inside, while DJ MoFunk will be on the back deck.

To compete in the tournament, round up five friends and start training on the five D's of dodgeball: dodge, duck, dip, dive and dodge. Space is limited, register by calling 530.543.3139.