

Walk to highlight medicinal plants in Sierra

There will be a medicinal plant walk at Sorensen's Resort in Hope Valley on July 3.

Kimball Chatfield, medical botanist and doctor of Oriental medicine, will lead the walk in hunt for plants including wild arnica, St. John's Wort, various types of mint, wild blueberries, currants, yarrow, roses, wild onions and more.

Chatfield is author of "Medicine From the Mountains: Medicinal Plants of the Sierra Nevada". He will talk about traditional Native American uses as well as modern findings.

To sign up for the class, call 530.694.2203. Cost is \$35. Bring water and a snack. The event is from 9:30am-1pm.

Snippets about Lake Tahoe

- For those who cannot make it to South Lake Tahoe's Fourth of July parade, Tahoe Production House will live stream it from 10-10:45am. Here is the **link**.
- The Homewood Fine Arts and Crafts Festival is July 1-3 from 10am-5pm.
- No fishing license will be required in California on July 2.
- "Who's Afraid of Virginia Woolfe" is at the Boathouse

Theater at Valhalla on June 30-July 3, July 14-17 and July 28-30. For tickets and times, go **online**.

- On June 24, 174 students graduated from Lake Tahoe Community College; 40 students graduated with honors and eight graduated with highest honors. Another 36 students received departmental certificates, and 61 students received transfer degrees guaranteeing them a spot at a CSU this fall.

Snippets about Lake Tahoe

- There will be a memorial service for longtime Tahoe resident **Malcolm Pribyl** on July 17 at 3pm at the Meadow on Chinquapin Drive on the outskirts of South Lake Tahoe. Pribyl died on Jan. 19.

- The fireworks display on the South Shore that is shot off near Edgewood Tahoe on July 4 will start at 9:45pm.

- Barton Health Auxiliary volunteers are sponsoring a blood drive on July 29 from noon-5pm at the South Lake Tahoe Recreation Center, 1180 Rufus Allen Blvd. Bring a photo ID, eat well and drink plenty of fluids.

- Kaya Williams and Bryn Anderson received the Tahoe Cross Country Ski Education Association's Kevin Mundane Scholarship in the amount of \$1,000 each.

- Ben Carter, author of "Mastering the Potter's Wheel", is putting on a workshop July 23-24, 9am-5pm at the Holman Arts and Media Center, 1008 Tahoe Blvd., Incline Village. Go **online** to register.

Snippets about Lake Tahoe

- Comedian, writer and actress Heather McDonald will be at The Loft Theatre in South Lake Tahoe on July 3 at 9pm. Go **online** for tickets.

- Learn which native plants are easily grown in the Tahoe garden and can provide homegrown teas for the kitchen at a free lecture on July 30 at 11am at the Tahoe City Demonstration Garden, 2400 Lake Forest Road, Tahoe City.

- Barton Health is putting on a boot camp for new dads and dads-to-be. The workshop is designed to inspire and equip men to become confidently engaged with their infants, support their mates, and navigate their transformation into dads. Dates are July 14, 6:30-9:30pm; July 30, 9am-noon; Aug. 11, 6:30-9:30pm; and Aug. 27, 9am-noon. The free classes are at 1077B 4th St., South Lake Tahoe.

- Mystic Roots will be at Whiskey Dicks in South Lake Tahoe on July 3. Doors open at 9pm. Must be 21 to attend. Advance tickets are available for \$13 at The Spot and Whiskey Dicks in South Lake Tahoe or **online**.

- Barton Health's care team continues to grow – Danielle Priem, a pediatrician, will provide care for babies, children, and adolescents at Barton Pediatrics, while Saul Zelan will offer psychiatry services to adult patients. Both will begin seeing patients in August.

Snippets about Lake Tahoe



- Personal fireworks are illegal throughout the Lake Tahoe Basin – every day of the year.
- Decadence, a blend of classic Broadway and old time rock mixed with today's hits and unique tracks, will be at MontBleu in Stateline on July 3 at 8pm. Must be 21 to attend.
- B Gorman's last day as CEO of Lake Tahoe South Shore Chamber of Commerce is June 30.
- Here is the El Dorado-Tahoe roadwork schedule from Caltrans for this week.
- Khristy Gavigan, a register nurse, and Stephen Bannar, a doctor with Tahoe Center for Orthopedics, are going to discuss practical tips to recognize and treat a wilderness injury. Participate in hands-on case scenarios and learn minimum safety essentials. The free talk is July 13 from 6-7pm in the board room at Lake Tahoe Community College.

Snippets about Lake Tahoe

- Placer County planning commissioners on July 7 at 2pm will discuss the Martis Valley West project. The meeting is at the North Tahoe Event Center in Kings Beach.
- West Shore Café in Homewood will offer Saturday morning SUP yoga classes from 8-9am from July

2-Sept. 3 (no class Aug. 6). The cost is \$25 per class.

- The League to Save Lake Tahoe is organizing beach cleanups for July 5 from 8:30am-noon. Go **online** to RSVP or to get more details.

- Placer County supervisors this month voted 3-2 to limit marijuana cultivation to small, indoor grows by medical marijuana patients only.

- Nancy Dalton, chair of the math department at South Tahoe High School, is running for the 4th District board seat for Lake Tahoe Community College.

Snippets about Lake Tahoe



- Vessel Assist located on Lake Tahoe is now called TowBoatUS. TowBoatUS is North America's largest provider of on water assistance with more than 300 locations and 600 towing response vessels.

- TravelNevada was awarded the Silver Anvil – the public relations industry's most distinguished honor from the Public Relations Society of America – for its "Don't Fence Me In" millennial marketing campaign.

- 89 Bar & Grill, a new restaurant located in Homewood Mountain Resort's North Lodge, is open Thursday through Monday from 3-11pm.

- Volunteers are needed for the July 14, 9am-1pm workday at Emerald Bay State Park. Tools, training and lunch are provided. To register, go **online**.

• The Douglas County Public Library continues its Summer Saturday Family Movie series with “Zootopia” (rated PG) on July 2 at 2pm in the Minden Library meeting room. The movie and popcorn are free.

Free meals at SLT Boys & Girls Club

The Boys & Girls Club of Lake Tahoe is providing breakfast and lunch for free to all youth 18 and younger now through Aug. 26.

The program is funded through the Summer Food Service Program, a USDA/CDE program.

The purpose of the program is to ensure children receive a healthy meal during the summer when school is out.

The program takes place at 1100 Lyons Ave. in South Lake Tahoe. Breakfast is from 8-9am; lunch is from noon-1pm. Call 530.542.0838 to RSVP to ensure enough food is prepared.

Snippets about Lake Tahoe

• Snowboarder Jamie Anderson of Meyers has been nominated in the Best Female Action Sports Athlete category for the 2016 ESPY Awards.

• Wanderlust returns to Squaw Valley from July 14-17.

Event details are **online**.

- Starting June 27, Homewood Mountain Resort will host a cornhole league. On Monday nights from 5 -9pm until Aug. 22 (with a bye on July 4), teams will play three games per night. Teams will consist of two players and two alternates, with a one-time entry fee of \$40 per team. To register, go **online**.

- Former South Lake Tahoe City Manager Dave Jinkens is going to Avalon on Catalina Island to city manager. He had that same position in the mid-1980s.

- Sierra State Parks Foundation is putting on a free guided wildflower hike at Washoe Meadows on June 26. Space is limited. Email Vtracey@sierrastateparks.org to reserve a spot. The hike is from 10am-noon.

Snippets about Lake Tahoe

- Every Tuesday through September, Tahoe Adventure Company in conjunction with the Thunderbird Lodge Preservation Society will provide a kayak trip to the historical Thunderbird Lodge on the East Shore. Cost is \$125. Call 530.013.9212 to book a spot.

- The Douglas County Public Library in Minden will be closed July 4. The library will resume its regular schedule on July 5 at 10am.

- Washoe County Sheriff's Office is teaming up with the Reno Police Department and UNR Police to offer an intensive 12-week Regional Citizens Police Academy. Applications are available **online**.

- There will be a celebration June 25 commemorating the 15th anniversary of the dedication of the Snowshoe Thompson statue in Genoa. The free event is from 11am-4pm at Mormon Station State Park in Genoa.

- The country's premier adventure race for kids ages 6-14, the Kids Adventure Games (Kids A.G.), will make its stop at Squaw Valley Alpine Meadows June 24-26. More info is **online**.