

8th annual Trails and Vistas

Experience a unique blend of art and the natural world during the eighth annual Trails and Vistas art hike on Sept. 17-18.

The hike, modeled on the theme of "Reflections and Rhythms," takes place at Spooner Lake in Lake Tahoe Nevada State Park.

Expect to hear the beats of REMO Endorsed Drum Circle facilitator Norman Jones from the Rhythm Child Network, a group that helps children and adults connect with their inner rhythms through drumming. Also, new for Trails and Vistas are dancers from Marin-based Terpisicor D'Amour Dance and Lorna Danton, a visual artist from Reno.

Emmy-award winning Chris Spheeris, a musician and poet from Sedona will be returning to perform at Spooner Lake for this year's art hike. Enjoy the fluid movements and strength exhibited by acrobats and dancers from San Francisco-based Capacitor, an interdisciplinary dance company obsessed with the mechanics of the human body and machines that propel the body through space. These performers are known for the expertise in rigging systems, wearable sculpture, and engineers of large-scale props. Appreciate the sculpture, movement and mythology created by dancer Lesley Ehrenfeld Chapman. Delight in the exquisite painting by Cathee vanRossem-St.Clair, famous for her magnificent egg art – one of eggs, The California Thrasher was created for the Whitehouse Christmas Tree and is now in the National Archives. Another Tahoe-Truckee resident, Emily Tessmer of Orenda Blu Music, will share sacred chants. Dancers from InnerRhythms Dance Theatre will spark your imagination.

Additional artists are Truckee-based artist Caree Bragg, local poet Kira Yannetta who recruited her brother, Benjamin Hall, a musician from Southern California to participate in this year's event.

The list keeps going with an impressive group of creative minds and hearts including Angelika's Healing Music, Angelique Benicio and Deborah Kelly. Attend one of the Saturday hikes and hear Reno Taiko Drummers led by Rieko Shimbo. As a young girl in Japan, Shimbo saw taiko performed at many festivals. Her formal training began with a professional company based in Tokyo. Today she has her own group in Reno with 15 students who practice weekly and perform throughout the year.

There will be a variety of specialty hikes including family hikes designed for walking with children at 2pm Sept. 17 and 10 and 10:15am on Sept. 18; leisure hikes suitable for anyone not acclimated to high elevation at 4pm Sept. 17 and noon and 3:30pm on Sept. 18; and adult-only meditative hikes will be available at 3:30pm Sept. 17 and 2:30pm Sept 18.

The art hike is a collaboration between artists and nonprofit organizations including the main sponsor, Trails and Vistas, and the Truckee Donner Land Trust, InnerRhythms Dance Theatre and the KidZone Children's Museum.

For more information and ticket prices, go online.

Survivor of Rwandan genocide speaks

On Sept. 17, experience Immaculée Ilibagiza, storyteller, author and inspirational speaker, who will present "Left To Tell: Discovering God amidst the Rwandan holocaust" at the Truckee Community Recreation Center from 7 to 9pm.

Ilibagiza, a survivor of the genocide that took most of her family members, is a powerful example of one woman's spirit.

She and seven other women spent 91 days huddled together in the cramped bathroom of a local pastor's house during the 1994 Rwandan genocide. She entered the bathroom a lively, 115-pound university student with a loving family and emerged weighing just 65 pounds to learn that most of her family members had been brutally murdered. Ilibagiza credits her salvage mostly to prayer.

Ilibagiza's first book "Left to Tell; Discovering God Amidst the Rwandan Holocaust" quickly became a New York Times Best Seller. She was featured in "Architects of Peace" which honored other legends including Mother Teresa, Jimmy Carter, Nelson Mandela and the Dalai Lama, and she recently signed a contract to produce a major motion picture. Ilibagiza is a leading speaker on peace, faith and forgiveness.

The cost is \$30 adults, \$15 for those 18 and under. For tickets, call (530) 550.8981.

Squaw Valley disc golf tournament

Squaw Valley is hosting the resort's first PDGA-sanctioned professional and amateur disc golf tournament Aug. 20-21.

The tournament will consist of two rounds of 18 holes, one round per day.

The only lift-accessed disc golf course in the Lake Tahoe region, Squaw Valley's course is of championship caliber. Holes 1, 2 and 18, located directly behind the High Camp complex, account for the easier holes on the course, while holes 3 through 17 offer a more extreme challenge as the

course winds down and up Squaw Valley's Rainbow Bowl under the Solitude chair lift.

Registration for the Squaw Valley's Pro/Am disc golf tournament ranges from \$40 to \$80, depending on bracket level, with \$10 off for PDGA members. Discounted Cable Car tickets are included in the entry fee. Participants can go online for further details and registration forms.

Organized bike ride in South Tahoe

On Sept. 18, Lake Tahoe Bicycle Coalition's board of directors will lead a recreational bike ride along South Lake Tahoe's bicycle path system.

The ride starts and ends at Blue Dog Pizza at the north end of Raley's Shopping Center near Stateline.

The ride begins at 1pm and is expected to last 3 to 4 hours and travel 15 to 20 miles. The ride is free and open for everyone interested in a relaxed pace ride, stopping for photos, and chatting about the bike paths and surrounding areas.

RSVP to biketahoe@aol.com.

South Shore fireworks

Fireworks on the South Shore start at 8:30pm on Sept. 4.

Storytime at South Tahoe library

Let's Read Together Storytime is at the South Lake Tahoe branch library (1000 Rufus Allen Blvd.) on Sept. 10, Oct. 8 and Nov. 12 at 11am.

This is for children ages 2-5 and their adults.

Origami class for youth

Learn to make easy, movable origami figures at the South Lake Tahoe branch library – 1000 Rufus Allen Blvd.

There are two classes Aug. 27 – 1-2pm and 2-3 pm. Come for one, stay for both.

Supplies will be provided. Must be at least in third grade.

South Tahoe book club meetings

The third Wednesday of each month Friends of the Library meet to discuss a wide variety of critically acclaimed books.

Each meeting is at 3pm in the library conference room at 1000 Rufus Allen Blvd., South Lake Tahoe.

Aug. 17 – “Shanghai Girls” by Lisa See

Sept. 21 – “Saving Fish From Drowning” by Amy Tan

Oct. 19 – “Unbroken” by Laura Hillenbrand

Nov. 16 – “The Heretic’s Daughter” by Kathleen Kent.

Chautauqua performance in Genoa

Nevada State Parks invites the public to attend a free Chautauqua-style presentation at Mormon Station State Historic Park on Aug. 20 at 10 am.

Doris Dwyer, professor of history at Western Nevada College, will give a portrayal of Sara Royce, one of the few female 49ers on the California Trail, who followed her husband and his dream of riches in California. Learn how Sara’s commitment to a “traditional world” influenced her to open a school and educate the children of Grass Valley.

The outdoor presentation lasts about 45 minutes with time for questions afterward. Visitors are asked to bring lawn chairs

and a beverage. Dogs will not be allowed at the presentation.

Mormon Station State Historic Park in Genoa is 20 minutes from South Lake Tahoe, via state Kingsbury Grade and Foothill Road.

For more information, contact the park at (775) 782.2590.

Celebration of Education at STHS

Celebration of Education by the Lake Tahoe Educational Foundation is Aug. 26 from 5-7pm South Tahoe High School. Tours of the Theater Arts & Design Academy will be given. This event is free and open to the public.