

Meeting for El Dorado County seniors

Linda Dean, from the Senior Information and Assistance Program for El Dorado County, on Nov. 15 at 3pm will provide an overview of programs and assistance available to older adults in El Dorado County.

At the conclusion of the program participants may complete a survey about what services they would like.

The meeting is at the library in South Lake Tahoe – 1000 Rufus Allen Blvd.

For additional information, call (530) 573.3185.

Winter Recreation Lunch

The North Lake Tahoe Chamber of Commerce is hosting its annual Winter Recreation Lunch on Nov. 17 at noon, with an 11:30am registration check-in at the Olympic Village Lodge (formerly Olympic Village Inn), 1909 Chamonix Place in Olympic Valley.

This event is geared to provide insight about winter happenings, including events, festivals and activities, to frontline, front desk, cashier, wait staff and concierge employees, along with business owners and managers. Attendees may give a brief presentation at the lunch, as well as provide 80 brochures or other pieces of collateral to be distributed during the event. This luncheon sells out, so early sign ups are recommended. Deadline to register is Nov. 11.

Cost is \$30/person for chamber members and \$40/person for non-

members and includes lunch.

For more information about the event, to register or provide collateral, call Kym Fabel, North Lake Tahoe Chamber of Commerce manager, at (530) 581.8764 or kym@puretahoenorth.com. Go online to download a registration form, then go to Programs and Documents.

‘Consider the Conversation’ documentary

“Consider the Conversation” is a documentary done by Terry Kaldhusdal, a teacher and filmmaker from Wisconsin as well Mike Bernhagen, the director of community outreach and care partner relations at Rainbow Hospice in Wisconsin.

Together they joined forces to create a documentary exploring the American struggle with communication and preparation for the end-of-life. This film explores multiple perspectives on end-of-life care and includes information from medical personnel, patients, family, clergy, and national experts from around the country. Featured is Martin Welsh, a physician from Placerville and his challenges with ALS.

The film will be shown for free Nov. 17 at 1pm at the South Lake Tahoe Senior Center, 3050 Lake Tahoe Blvd., South Lake Tahoe.

Full moon snowshoe excursions

Trek on snowshoes by moonlight. Professional, knowledgeable guides will discuss natural history and astronomy topics as well as facts about the moon.

Stops include taking in the views and enjoying snacks and hot drinks.

Tahoe Adventure Company's full moon snowshoe trips, which start in Tahoe Vista, are for all levels of nature enthusiasts.

Dates: Dec. 10 ~ 4:30-7:30pm

Jan. 7 ~ 4-7pm

Feb. 7 ~ 4:30-7:30pm

March 8 ~ 5-8pm

April 6 ~ 6:30-9:30pm

Trip includes snowshoe trek with all gear, hot drinks, trail snacks, professional guides, natural history discussions, and permit fees.

Cost: \$65 per person.

Call (530) 913.9212 or go online for details. Reservations required.

Snowshoe, star gazing trek

Tahoe Adventure Company and Tony Berendsen present telescopic tours of the midnight sky.

It all starts with a two-hour guided sunset snowshoe followed by a two-hour tour of the midnight sky with Berendsen.

This tour is for kids, teens, and adults.

Meet at the North Tahoe Regional Park in Tahoe Vista for the 4:30-8:30pm tour.

Trip Includes snowshoes, poles, star tour professional astronomer, professional guides, hot drinks, trail snacks, natural history discussions, and permit fees.

Cost: \$75 per person.

Dates: Dec. 28 ~ Crescent Moon in Aquarius

Jan. 14 ~ Orion on the Rise

Feb. 18 ~ Taurus the Bull on High

March 24 ~ Regulus and Mars; war in the sky.

Call (530) 913.9212 or go online for details. Reservations required.

Winter White Holiday Party

Tahoe Regional Young Professionals will bring the Lake Tahoe community together to raise funds for Tahoe Youth & Family Services on Nov. 19 from 6-10pm at Riva Grill in South Lake

Tahoe.

TRYP's Winter White Holiday Party not only benefits a family in need, but provides an opportunity for locals from around the basin to get to know one another.

The evening includes live entertainment, holiday games and door and raffle prizes donated by local businesses including ski resorts tickets, gear tune-ups, wine tasting, and more.

Attendees are encouraged to wear "winter white" (though not required). Light hors d'oeuvres will be served and drinks will be available for purchase.

Tickets are \$15 in advance at Tahoe Production House (2291 Lake Tahoe Blvd., South Lake Tahoe) and Lake Tahoe TV (3445 Lake Tahoe Blvd., Ste. A, South Lake Tahoe) or \$20 at the door.

Cash or checks will be accepted.

Questions, tickets, volunteer opportunities or to donate raffle prizes, email TahoeTRYP@gmail.com.

Library book sale

The Friends of the Library Book Sale in South Lake Tahoe is Nov. 5 from 10am-3pm. The library is on Rufus Allen Boulevard.

Tree of Remembrance Interfaith Ceremony

The annual Tree of Remembrance Interfaith Ceremony hosted by Barton Hospice and Foundation is Dec. 7 from 5:30-6:30pm at Lake Tahoe Community Presbyterian Church (2733 Lake Tahoe Blvd South Lake Tahoe).

This event gives attendees the opportunity to reflect on the memories they share and celebrate the lives of those they have lost.

Barton Hospice encourages everyone to take this opportunity to honor those they will forever cherish. Attendees will be able to say the name of the person in remembrance and light a candle in their honor. Music and song will be performed by OneVoice of Unity. Handmade porcelain ornaments, glazed with iridescent mother-of-pearl, will be available for \$15 each. All proceeds will benefit Barton Hospice.

For information, call Barton Foundation at (530) 543.5614.

Blood drive

Barton Auxiliary blood drive is Dec. 5 from 11am-6pm at the South Lake Tahoe library (1000 Rufus Allen Blvd.).

Flu clinic

To help the Lake Tahoe community stay healthy this season, Barton Health is providing free seasonal flu vaccines to children ages three to 18 residing in South Lake Tahoe on Nov. 19 from 1-5pm at Barton Family Medicine, 1090 Third St., South Lake Tahoe.

Anyone 19 and older may receive the flu vaccine for \$20 and the pneumonia vaccine for \$35. There is no appointment necessary to receive the vaccination(s); individuals will be treated on a walk-in-basis. Both vaccines are reimbursable for standard Medicare patients. Medicare HMOs cannot be billed.

Questions can be e-mailed to publicrelations@bartonhealth.org or call (530) 543.5615.