

Lecture by cardiologist

In honor of National Heart Month and Barton cardiologist David Young's strong belief in preventative care, he is scheduled to speak at Kahle Community Center on Feb. 1 from 6-7pm.

Young will address cardiovascular risk factors and heart health.

Kahle is located at 236 Kingsbury Grade, Stateline.

For more information on this free lecture, go online.

'In Pursuit of a Dream'

Lake Tahoe Historical Society will present the film "In Pursuit of a Dream" on Feb. 7 at 6:30pm at the Lodge at Camp Richardson.

The film shows 24 students and three teachers from across the United States in a cross country wagon trek as the "emigrate" from Wyoming to Oregon one recent summer. They dressed in period 1800's attire, carried no modern devices, trudged alongside the wagons in sunshine and rain and experienced unbelievable challenges.

The event is free.

Tahoe Fat Tire Festival

The inaugural Tahoe Fat Tire Festival will be Sept. 20-23 for a weekend of all things mountain bike at Squaw Valley.

It will feature cross country, short track and gravity racing, rides, trail work, demos and vendor expo, and nightly antics with a beer garden, movie screenings and local bands.

TAMBA and the Truckee Trails Foundation are teaming up on this event. The goal is it will be a primary fundraiser for both organizations.

More information will be on *Lake Tahoe News* as details are solidified.

TRTA talk

Learn about what the Tahoe Rim Trail Association does in regards to trail building, hiking and youth programs, as well as numerous educational programs.

The talk is Jan. 24 from 11:45am-1pm at Explore Tahoe, 4114 Lake Tahoe Blvd., South Lake Tahoe.

For more information, contact Shannon Skarritt at (775) 298.0235.

LTFAC meeting

The Lake Tahoe Federal Advisory Committee will meet Feb. 9 from 9am-noon at the Tahoe Regional Planning Agency, 128 Market St., Stateline.

LTFAC will address issues related to federal activities at Lake Tahoe. Items on the agenda include reviewing and confirming the LTFAC Vision and Strategic Planning Session outcomes, and public comment.

LTFAC consists of 20 members representing an array of constituencies.

All Lake Tahoe Federal Advisory Committee meetings are open to the public.

For more information on the Lake Tahoe Federal Advisory Committee, visit the Forest Service website.

Get Fresh and Healthy workshops

The Community Education department at Lake Tahoe Community College is having a Get Fresh and Healthy workshop series in February. Take one, all four or any combination.

Cooking with Spices is Feb. 2 from 6-9pm.

Winter Soup is Feb. 10 from 6-9pm.

Food the Kids will Love too is Feb. 16 from 6-9pm.

Gluten Free Cooking is Feb. 28 from 6-9pm.

Register online.

Placer County candidate workshop

Placer County Office of Elections will have a free candidate workshop Feb. 7 from 6-9pm at the Placer County Finance and Administration Building, 2956 Richardson Drive, Auburn.

Prospective candidates and their supporters are encouraged to attend. Members of the media and the public are also invited.

The workshop will explain many of the details involved in running for public office.

Guest speakers will include an experienced candidate, a campaign consultant, and a media representative.

Candidate filing for the June 5 presidential primary election will open Feb. 13 and close March 9. For more information, call (530) 886.5650.

Speed Networking

Speed Networking is a combination of musical chairs meets speed networking. Participants have a couple of minutes to meet new people and share details like your name, what you do,

where you are from, when you moved here, and what your career goals are.

Tahoe Regional Young Professionals is sponsoring the Speed Networking event on Jan. 26 upstairs at the Fresh Ketch on Venice Drive in South Lake Tahoe from 6-8pm.

Bring business cards for a variety of games.

For more information about Tahoe Regional Young Professionals, go online.

Weekly's 30th birthday bash

The Weekly is having a 30th birthday bash on Feb. 11 from 5-8pm at GarWoods in Carnelian Bay.

Meet former and current staff members.

There will be appetizers, no-host bar and prizes.

Explore Tahoe Winter Speaker Series

Dianna Borges, South Shore speaker-actor, presents a re-enactment of Sarah Winnemucca Hopkins, a Paiute Native American, on Jan. 25 at 6pm.

Hear Sarah's story at Explore Tahoe: An Urban Trailhead located at 4114 Lake Tahoe Blvd. near the Heavenly Village.

A \$5 donation is requested. A \$5 flat rate offered in the Heavenly Village Parking Contact Explore Tahoe at (530) 542.4637 for more information.