

Learn about trout and fly fishing

On March 4 at 6pm Jenny Hatch, program manager of the Northern Sierra Regional Cal/Trout Organization, will provide an in-depth look at the condition of native trout throughout the region.

Then Victor Babbitt of Tahoe Fly Fishing will give a fly tying demonstration and ask for public participation.

This event is free at Explore Tahoe in the Heavenly Village in South Lake Tahoe.

For more information, call (530) 542.4637.

Preservation of White Pines talk

On March 18 at 6pm Explore Tahoe Visitor Center will host the Sugar Pine Foundation. President John Pickett and Executive Director Maria Mircheva will present the agency's collaborative strategy to preserve the White Pines currently plagued by a non-native invasive fungus. Cones and seedlings will be available for purchase

and stewardship opportunities will be announced. This program is free and refreshments will be provided.

For more information, call (530) 542.4637.

Explore Tahoe is located in the Heavenly Village at 4114 Lake

Tahoe Blvd., South Lake Tahoe.

Aging v. Alzheimer's class

Did you realize that memory loss is not a normal part of aging? That there are many possible reasons for memory loss and that some are reversible? Debra Frederick, Integrated Behavior Healthcare, will address these issues and more in Long Journey: Healthy Cognitive Aging vs. Alzheimer's Aging as part of the Caregiver Educational training series on April 26 from 1-3pm, Embassy Suites, 4130 Lake Tahoe Blvd., South Lake Tahoe.

Questions? Contact Family Caregiver Support Program at (530) 621.6151.

Residential care and home safety training

Exploring: The Move to Residential Care and Home Safety is a training designed to educate people about alternative housing options as people age.

Vicki Lebsack, with the Alzheimer's Association, will share practical ideas for keeping the home safe, and realistic approaches to finding an alternative if care needs cannot be met in the home setting. This training on getting effective care is a part of our Caregiver Educational training series on

April 19 from 1-3pm, Embassy Suites, 4130 Lake Tahoe Blvd., South Lake Tahoe. Questions? Contact Family Caregiver Support Program at (530) 621.6151.

Senior legal issues class

As people age, some legal documents become more important and prevalent. Diana Steele, attorney with El Dorado County Senior Legal Services, will share Planning: Senior Legal Issues. Learn about power of attorney documents, advanced health care directives, as well as an overview of the maze known as long term care MediCal.

This discussion as part of the Caregiver Educational training series on April 12 from 1-3pm, Embassy Suites, 4130 Lake Tahoe Blvd., South Lake Tahoe.

Questions? Contact Family Caregiver Support Program at (530) 621.6151.

In-home physical therapy class

In Home Physical Therapy is an informative education taught by Jason Collins, physical therapist, of Barton Home Health.

Learn how to keep yourself and loved ones safe at home, how to prevent falls and maintain proper body mechanics for optimum care. This training is the beginning of a six-week educational

series for older adults and their caregivers beginning April 5 from 1-3pm, Embassy Suites, 4130 Lake Tahoe Blvd., South Lake Tahoe.

Questions? Contact Family Caregiver Support Program at (530) 621.6151.

Sugarland at Stateline

Sugarland at the 2010 Lake Tahoe Summer Concert Series at Harveys Outdoor Arena on July 10.

Jennifer Nettles and Kristian Bush won two Grammy Awards in 2009 for Best Country Song and Best Country Performance by a Duo or Group. Two months later, the Academy of Country Music proclaimed the emergent superstars the top Vocal Duo of the Year, ending Brooks & Dunn's nine-year run.

Nettles also received the Milestone Award from the ACM, presented to her by Reba McEntire. At the time, they had been performing together as a duo for five years.

In 2009, they also won the CMT Music Award for Duo Video of the Year ("All I Wanna Do") and the Country Music Association Award for Vocal Duo of the Year. Sugarland has sold over 8 million records.

Sugarland released the single, "Wide Open," on iTunes for the Team USA Soundtrack for the 2010 Winter Olympics. They also appeared with many other artists on the remake of "We Are The World: 25 for Haiti," which premiered during the Opening Ceremony of the Vancouver Olympics.

Tickets are through www.ticketmaster.com and www.apeconcerts.com, ranging from \$59.50-\$125.

The Big Nasty at Divided Sky

Event: The Big Nasty

What: Performance

Start Time: Feb. 20 at 10pm

Where: The Divided Sky, Meyers

Peter Darvas watermedia workshop

Event: Watercolor Painting Workshop

What: Watermedia workshop with Peter Darvas

Start Time: March 10 at 9am

End Time: March 13 at noon

Where: South Lake Tahoe

Info: info@talart.org

Snowshoe Thompson Ski-Snowshoe

The 11th Snowshoe Thompson Ski/Snowshoe Tour will take place in Hope Valley at the yurt at the junction of highway 88 and 89.

It goes from 9am-1pm on March 6.

Cost is \$10.