

Disc golf tournament on South Shore

Tahoe Hemp Company Pro-Am Disc Golf Tournament, a PDGA sanctioned C-Tier event, is Sept. 11-12 at Zephyr Cove Disc Golf Course.

Player check-in and preregistration is Sept. 10 from 4-6 pm at Tahoe Hemp Company at 3564 Lake Tahoe Blvd., unit B in South Lake Tahoe.

Contact Dan Thrift at (530) 559. 4519 or danthrift@etahoe.com for information.

Registration forms are available at Tahoe Hemp Company, Bijou and Zephyr Cove Disc Golf Courses or online.

Tibetan lama in South Tahoe

Tibetan Lama Ven. Losang Samten will be at Blue Angel Cafe in South Lake Tahoe on Aug. 25 from 7-9pm.

Classes often include a discussion, story telling, and guided meditation. Suggested donation \$10-\$20.

Night of music to raise cash

for TAP

Pat Ronan, owner of Tahoe Lakeshore Lodge and Spa in South Lake Tahoe, is hosting a benefit for Tahoe Arts Project that will feature the music of Niall McGuinness, Trey Stone and Rocky Sleight.

Bring food, beverages, blankets and low back chairs, but no pets.

A suggested donation of \$10 per person will support Tahoe Arts Project's mission of bringing professional performing arts into the schools and community of South Lake Tahoe.

The event is Aug. 12 from 7-9pm.

Lakeshore Lodge and Spa is Behind Heidi's Restaurant on Highway 50.

Call (530) 542-3632 for more information.

Rock Sugar at Harrah's Lake Tahoe

Rock Sugar plays at Harrah's Lake Tahoe on Oct. 30 at 7:30pm.

Tickets are \$25.

For more South Shore Room information, call 800.786.8208 or purchase tickets online at www.SouthShoreRoom.com.

Foreigner at Harrah's Lake Tahoe

Foreigner plays at Harrah's Lake Tahoe on Oct. 8 at 7:30pm.

General admission tickets are \$50. Must be 21 or older to attend.

For more South Shore Room information, call 800.786.8208 or purchase tickets online at www.SouthShoreRoom.com.

Anthony Bourdain at Harrah's Lake Tahoe

Anthony Bourdain will be Harrah's Lake Tahoe on Oct. 2 at 7:30pm.

Tickets are \$49-\$59.

For more South Shore Room information, call 800.786.8208 or purchase tickets online at www.SouthShoreRoom.com.

Chef Elizabeth Falkner at Harrah's Tahoe

Chef Elizabeth Falkner will be at Harrah's Lake Tahoe on Oct. 1 at 7:30pm.

Tickets are \$29.

For more South Shore Room information, call 800.786.8208 or purchase tickets online at www.SouthShoreRoom.com.

Training for dogs adopted at shelter

Tahoe Best Friends is offering a free one-hour training session for recently adopted puppies or dogs with proof of adoption from the shelter. Adoption must be within 60 days of the class.

Learn how to integrate your dog into your home, receive training tips and get answers to your questions.

The classes are Aug. 19 from 6-7pm and Sept. 16 from 6-7pm.

Classes are at Tahoe Best Friends at 2197 Ruth Ave., South Lake Tahoe.

For additional information, call (530) 542.2336.

South Tahoe caregiving class

Caregiving is a difficult and often challenging role that one can undertake, and taking the opportunity to share information and feel connected to others who are providing care is a vital step to perform this task to the best of your ability. Take the opportunity on Aug. 12 from 5:30pm to 7:30pm at South Lake Tahoe Senior Center, 3050 Highway 50, South Lake Tahoe to become connected and rejuvenated at your local support group.

Refreshments will be served. Free respite care is available to qualified caregivers. Pre-authorization is required for respite services. Questions? Contact the Family Caregiver Support Program at (530) 621.6151.

Book sale at library in Zephyr Cove

The Zephyr Cove branch of the Douglas County Public Library is having a book sale in the meeting room during regular library hours. Used books, VHS tapes, DVDs, and audio books will be on sale Aug. 13 and Aug. 14 from 9am-5pm.

All items will be priced as marked.

The Zephyr Cove library is located at 233 Warrior Way. For more information, call (775) 588.6411 or visit douglas.lib.nv.us.