

Guest musicians at Unity at the Lake

Unity at the Lake guest musicians on Dec. 12 are Anton Mizerak, Laura Berryhill and Manose.

They will be at the South Tahoe Senior Center, 3050 Lake Tahoe Blvd.

Meditation is at 9am; service begins at 10am. Concert at noon. Donation of \$10 suggested.

For more info, call (530) 544.2266 or visit www.unityatthelake.org

Telluride Mountain Film Festival

The Telluride Mountain Film Festival general public showing is scheduled for Dec. 17 at Resort at Squaw Creek in Olympic Valley. The doors open at 6:30pm, with a no-host bar and an 8pm film program.

Tickets purchased online are \$20/person with current Squaw Valley Institute members at \$10/person and residents with North Tahoe/Truckee identification at \$15/person. Tickets at the door (if available) are \$20/person. Each event will run about two-and-a-half hours.

For more information about the Telluride Mountain Film Festival and to purchase tickets, go to www.squawvalleyinstitute.org.

TAMBA meeting

TAMBA meeting Dec. 15 from 6-8pm in the Aspen Room (L103) at Lake Tahoe Community College, One College Drive, South Lake Tahoe.

The purpose of the mountain bike meeting is to begin forming the leadership and organizational structure of TAMBA.

Transformational healing music

Mount Shasta keyboardist, harmonica and tabla player Anton Mizerak, singer Laura Berryhill and Nepali maestro flautist Manose will present an afternoon of transformational healing music, Nepali folk tunes and chants from around the world on Dec. 12 at noon at Unity at the Lake in South Lake Tahoe.

Mizerak lives in Mount Shasta and writes his music in nature, believing that the organic experience of sun, wind, water, snow and earth, transmitted through music, can be a valuable nurturing and healing experience.

Mizerak plays keyboards and harmonica. His music has been featured on the nationally syndicated radio show "Echoes" and on the digital New Age Music format "Soundscapes".

Unity at the Lake meets at the Senior Center, 3050 Lake Tahoe Blvd., South Lake Tahoe. For more information, call (530) 544.2266. A \$10 donation is suggested.

Sierra Ballet at MontBleu

The Sierra Ballet Theatre Company will be performing Madeline's Christmas at MontBleu in Stateline on Dec. 17 and Dec. 18 at 7pm.

Artist-novelist Manninen at Bona Fide Books

Artist and graphic novelist Jared Manninen will show his work and take orders for his first graphic novel at Bona Fide Books on Dec. 17 from 7-9 pm.

An assortment of his original artwork will be available for sale, and the art for his graphic novel will be on display.

Bona Fide is located behind the Getaway Cafe in Meyers.

Tahoe Mountain Resorts Foundation party

The Tahoe Mountain Resorts Foundation will host a cocktail party in honor of the launch of its exclusive new donor benefit program – Friends of the Foundation – on Dec. 16 from

5:30-7:30pm at the Alpine Club in The Village at Northstar.

The Friends of the Foundation offers a \$10,000 and a \$5,000 giving level and membership is open to 30 donors at each level. Donor benefits include skiing, golfing, dining and cultural event privileges.

The donor club was created to help supplement the foundation's current grant giving.

The mission of Tahoe Mountain Resorts Foundation is to serve as a catalyst for community enhancement by providing leadership and funding which will enrich the quality of life in the Truckee – North Tahoe region through cultural, environmental, educational and charitable pursuits.

For more information about the Friends of the Foundation launch party, call (530) 550.2700 or email llessman@TMRFoundation.com. RSVPs are required to this event.

Caregiving class in South Tahoe

Caregiving is a difficult and often challenging role that one can undertake, and taking the opportunity to share information and feel connected to others who are providing care is a vital step to perform this task to the best of your ability. Take the opportunity Dec. 9 from 5:30 to 7:30pm at the South Lake Tahoe Senior Center (3050 Highway 50) to become connected and rejuvenated at your local support group.

Refreshments will be served. Free respite care is available to qualified caregivers. Pre-authorization is required for

respite services. Questions? Call (530) 621.6151.

Antarctica submarine lecture

UC Davis Tahoe Environmental Research Center post-doctoral researcher Alexander Forrest just returned from Antarctica after three weeks on the ice. Forrest was part of an international collaboration between United States, Canada, New Zealand, and France to deploy an underwater robot to study Antarctic sea ice, which is expected to decline more than 33 percent by 2100.

Join Forrest for a presentation on the research project, Flying Under the Big Ice Antarctica: Robotic Submarines in Antarctica on Dec. 8 at 6pm at the Tahoe Center for Environmental Sciences on the Sierra Nevada College campus in Incline Village.

MontBleu Holiday Extravaganza

The 16th annual MontBleu Holiday Extravaganza is Dec. 9 and 10 at the MontBleu Theater in Stateline.

Doors open at 6pm and the show begins at 7pm.

Admission is \$8 for adults and \$5 for students and seniors (under 5 is free).

The South Lake Tahoe Children's Choral Society will present an evening of holiday music, featuring the Tahoe Elementary Honor

Choir, the Tahoe Intermediate Honor Choir, the Tahoe Belles and the Blue Ribbon Choir, with special appearance by the South Tahoe High School Choir, the Faculty/Parent Choir and the Marcia Sarosik Shining Stars.

Tahoe Arts Project will be conducting a raffle to help raise money for its performing arts in the schools programs.

For more information, call (530) 542.3632.