

Blood drive in South Tahoe

Barton Auxiliary Blood Drive on April 4 from 11am-6pm at South Lake Tahoe Library, 1000 Rufus Allen Blvd.

For more information, call Dan Kerr at (775) 588.2376.

Lecture on osteoporosis and bone health

Barton Health & Wellness Lecture Series – Osteoporosis & Bone Health in the Maturing Athlete on Feb. 22 from 6:30-7:30pm with William Cottrell, Barton osteoporosis and bone health specialist.

The lecture is at Kahle Community Center, 236 Kingsbury Grade, Stateline.

It is free and open to the public.

For more information, call (530) 543.5656.

Manager as Coach seminar

North Lake Tahoe and Truckee Donner chambers of commerce in partnership with the Sierra Human Resources Association are offering “The Manager as Coach” Feb. 17 from 8:30-11:30am at Cedar House Sport Hotel, 10918 Brockway Road in Truckee.

This workshop is designed to bolster leadership effectiveness, including how best to deliver feedback, correct behavior and how to conduct an effective performance review. Attendees will learn the tools and take away the confidence to take appropriate action.

Registration is \$59 for North Lake Tahoe Chamber of Commerce and SHRA members and \$69 for non-members. Seating is limited.

To register and for more information about the workshop, call Laura Moriarty at (530) 573.0224 or North Lake Tahoe Chamber of Commerce Manager Kym Fabel at (530) 581.8764.

Kubby, Hallen turn in financial statements

Steve Kubby and Liz Hallen have filed their final financial statements from the November election for South Lake Tahoe City Council that had been due Jan. 31. The rest of the candidates filed the statements on time.

Click on the person's last name to read the form:

Kubby

Hallen.

Poor economy a boon for public land trusts

By Robert Lewis, Sacramento Bee

The Great Recession may have devastated development across the region, but it has proven a boon for public land trusts, nonprofit groups that use public funds and private donations to buy land for conservation.

These public trusts have been snapping up large tracts of land or buying conservation easements – agreements in which landowners essentially promise not to allow development on their land in exchange for money – while developers have been sitting on the sidelines or going out of business.

Forget the “silver lining.” They call it the “green lining” of the downturn. With land prices a bargain and some owners desperate to sell, land trusts are taking advantage of pots of public money to close big deals.

“There’s no doubt there have been easily five times as many opportunities due to the economy,” said Jeff Darlington, executive director of the Placer Land Trust.

While land trusts don’t have enough funding to keep pace with the sudden supply, they have been able to buy some fairly notable pieces of land in the past few years. Most recently, the Placer Land Trust partnered with the San Francisco-based Trust for Public Land to buy nearly 1,800 acres of oak woodlands just outside Auburn for \$9.5 million. The land is part of the 2,600-acre Bruin Ranch property owned by businessman and developer Lloyd Harvego.

Read the whole story

South Tahoe pedestrian dies after being struck by vehicle

A South Lake Tahoe woman who was crossing Highway 50 Wednesday night died from her injuries Thursday morning at Renown Medical Center in Reno, where she had been airlifted.

The name of the 62-year-old is not being released pending notification of her family.



South Lake
Tahoe police
Officer Deanna
Lewis works
the accident
scene Feb. 9.
Photo/Kathryn
Reed

The accident occurred about 6pm Feb. 9 in front of Grocery Outlet. Officers said the woman was jaywalking across the highway when she was hit leaving the store.

Traffic headed toward Stateline was backed up for a while that night. Vehicles were diverted through the parking at Grocery Outlet while officers took measurements on the highway and collected evidence.

“He was not speeding. He just didn’t see her walk in front of him,” Sgt. Shannon Laney said of the driver.

– *Lake Tahoe News staff report*

Sneaky reasons why the weight isn’t going away

By Norine Dworkin-McDaniel, That’s Fit

You’ve been dieting and dieting for what feels like forever. So why isn’t the weight coming off faster? You may be getting tripped up by one of these all-too-common diet pitfalls. “Sometimes people think they’re doing everything right, but they’re actually doing something wrong,” said Dr. Mehmet Oz, host of “The Dr. Oz Show.” Here, Dr. Oz explains how to avoid these common missteps and get the scale moving in the right direction again.

You rely on “healthy” foods that really aren’t. You’ll find all kinds of foods at the supermarket that seem great for dieting because they’re labeled “fat-free” or “light.” But these items are actually loaded with other ingredients, such as added sugars or sodium, that aren’t particularly diet friendly.

Read the whole story

Ski report: Clear and cold



Morning winds should mellow in the afternoon – enjoy another sunny day on the slopes! Here is the ski report from Curtis Fong, the Guy from Tahoe.

Tahoe area athletes dominate halfpipe at Boreal

By U.S. Skiing

BOREAL – Maddie Bowman of South Lake Tahoe and James Campbell of Windham, N.H., won the women's and men's halfpipe skiing on the second day of the U.S. Revolution Tour at Boreal Mountain Resort.

Bowman fought blustery conditions to win her first Rev Tour halfpipe competition of the year.

"It was a little windy and chilly, but besides that the halfpipe was nice and I was pretty happy with my performance," said Bowman. "Nothing to complain about, I had a fun day."

Bowman used a winning run of straight air grab, leftside 5, straight air grab, leftside 5, straight air, to leftside 7 to grab the win over second-place Jessica Breda of Marshfield, Mass., and third-place Presley Doyle of Homewood.

The men battled the same wind on their runs, but Campbell seemed unaffected, stomping his run en route to the victory.

Campbell was followed by Austin Simonpietri of Truckee in second and Carson Lehouillier of Reno in third.

Official results, U.S. Revolution Tour Boreal Mountain Resort, Feb. 8, Halfpipe

Men

1. James Campbell, Windham, NH, 35.80
2. Austin Simonpietri, Truckee, CA, 33.90
3. Carson Lehouillier, Reno, NV, 31.40

Women

1. Maddie Bowman, South Lake Tahoe, CA, 32.10
2. Jessica Breda, Marshfield, MA, 26.70
3. Presley Doyle, Homewood, CA, 21.00

Ricioli wins skicross at U.S Revolution Tour stop in Boreal

By U.S. Snowboarding

BOREAL – Jackie Hernandez of Londonderry, Vt., and Kevin Leahy of Yarmouth, Maine, kicked off the second stop of the U.S. Revolution Tour Monday at Boreal Mountain Resort with wins in the women's and men's SBX. In the skicross, Tania Prymak of Goshen, N.Y., and Trevor Ricioli of South Lake Tahoe won the men's and women's titles.

With perfect course conditions and under sunny skies, Leahy continued his successful 2011 campaign with a Rev Tour victory. Finishing behind Leahy was Roger Carver of Placerville in second and Jarod Minghini of South Lake Tahoe in third.

For the ladies, Hernandez continued her domination of all things SBX, winning gold over Jenna Feldman of Linwood, N.J., in second position and Chloe Banning of Steamboat Springs, Colo., in third.

Skicross also ran Monday as Ricioli leapt ahead of the field to take first ahead of KC Brousseau of Saranac Lake, N.Y., and Matt Larson of Boulder, Colo.

Prymak captured her second Rev Tour victory in the ladies skicross beating out Lesley Wilson of Steamboat Springs and Savannah Ryder of Orinda, Colo.

Official results, U.S. Revolution Tour, Boreal Mountain Resort, Feb. 7

SBX

Men

1. Kevin Leahy, Yarmouth, ME
2. Roger Carver, Placerville, CA
3. Jarod Minghini, South Lake Tahoe, CA

Women

1. Jackie Hernandez, Londonderry, VT
2. Jenna Feldman, Linwood, NJ
3. Chloe Banning, Steamboat Springs, CO

Skicross

Men

1. Trevor Ricioli, South Lake Tahoe, CA
2. KC Brouseau, Saranac Lake, NY
3. Matt Larson, Boulder, CO

Women

1. Tania Prymak, Goshen, NY
2. Lesley Wilson, Steamboat Springs, CO
3. Savannah Ryder, Orinda, CA