

Opinion: Time to take action against golf course proposal

To the community,

We are still fighting the battle to stop the Lake Tahoe Golf Course from taking over the Washoe Meadows State Park. A postcard was created by the Washoe Meadows Community that many are filling out and submitting, but it is hoped many more can be reached through the media.

If you support the opposition to the Lake Tahoe Golf Course expansion into Washoe Meadows State Park, please reply by email to BrutHilda@att.net. Simply enter your name and address. This will serve as an electronic submission of your signature. Please put in the subject line "Opposition to Alternative 2." Also feel free to provide additional comments. The deadline to respond is Oct. 16.

Key points in opposing Alternative 2 are as follows:

1. Much of the golf course would be moved to sensitive land doubling the length adjacent to the river
2. It would course both sides of the river, limiting access by wildlife
3. Wildlife habitat and migration paths would be fragmented
4. More human-wildlife (bear) encounters would be created resulting in destruction of the bears
5. Hikers, snowshoers, cross country skiers, wildlife watchers, horseback riders would have restricted access
6. It would create more pollution into Lake Tahoe
7. Golf is on the decline

8. Funding is not defined as to what would be the burden on the taxpayers.

For more information, go online.

Please pass this on to people who you know will support this campaign.

The next meeting for “certification” of Alternative 2 is Oct. 21, 9am at the Lake Tahoe Golf Course.

It is important that anyone who can attend do so.

Thank you for your support.

Patti Handal, Meyers

Ice rink collecting warm apparel for those in need

South Lake Tahoe Ice Arena is having a coat drive Oct. 6-Nov. 1.

Drop items off at the rink – 1176 Rufus Allen Blvd. They will be given to people on the South Shore.

Items being collected include:

- Blankets
- Coats
- Scarves
- Hats

-Gloves

-Firewood

-Other winter apparel.

For each donation, the rink is offering \$2 of the admission to Terror in Tahoe.

Gummy bears soaked in alcohol latest way teens get drunk

By CBS-13

WEST SACRAMENTO – Vodka-soaked gummy bears. That's the newest way teenagers are getting drunk, and police warn it's nearly undetectable.

It's dangerous because the booze-soaked candy is pretty much odorless and the person eating them has no idea how much alcohol they're putting into their system.

In less than a month, a "how-to" YouTube video has more than 17,000 views. The candy-soaked session goes over in detail how to make vodka-soaked gummy bears. Police warn the squishy multi-colored candy could have you seeing all sorts of colors if you pop and chew without a care in the world.

Police in Hollister have posted a warning on their Facebook page telling parents – especially this close to Halloween – to be on the alert for the booze-soaked bears.

Read the whole story

Wreath sale benefits Austin's House

Now is the time to order the finest fresh cut evergreen wreaths and decorations for the holidays. A portion of each purchase will benefit Austin's House.

Choose from four holiday evergreen arrangements at reasonable prices. Noble fir and mixed evergreen wreaths are \$20, 10 feet of western cedar garland is \$20 and the table centerpiece \$15. These prices are for local pick up. You may also order evergreen gifts that will be delivered directly to the homes of your family and friends for an additional charge. All holiday decorations are shipped direct from Sherwood Forest Farms in Washington and are guaranteed to be fresh.



The holiday evergreens will arrive around Dec. 5.

Contact Paula Hennefer at Austin's House to place your order – (775) 267.6711 or -mail paula@austinhhouse.org.

The deadline for orders is Oct. 25.

Austin's House is the only emergency children's shelter in rural Northern Nevada. The children are placed at Austin's House after being removed from their homes due to abuse or neglect.

Gift reporting rules for Calif. lawmakers may change

By Torey Van Oot, Sacramento Bee

The state political watchdog agency is set to consider next month adopting substantial changes to rules governing gifts to public officials and staff, including exemptions from disclosure for presents received from former spouses, dating partners and longtime friends.

The proposed regulations drafted by Fair Political Practices Commission staffers affect what must be disclosed and count toward the \$420 annual cap on gifts from an individual source. Registered lobbyists, who are prohibited from giving gifts worth more than \$10, and firms or interests that hire lobbyists would not qualify for the exemptions.

In addition to establishing relationship categories to exempt, the proposed amendments would let lawmakers receive without public scrutiny gifts considered “acts of neighborliness” and “acts of human compassion” and update language related to bereavement, birthdays and weddings.

Tickets or event admission received in connection with a “ceremonial role,” such as throwing out the first pitch at a baseball game, would not be considered a gift.

FPPC Chair Ann Ravel said the changes are simply meant to clarify the rules and put into regulation current enforcement practices, saying most of the language comes from advice letters generated by the agency.

Read the whole story

Tahoe Adventure Film Festival

Tahoe Adventure Film Festival is Dec. 10 at MontBleu casino in Stateline.

Doors open at 6:30pm, with the show from 7:30-9:30pm.

To purchase tickets, call 888.829.7630.

Warren Miller movie on North Shore

Warren Miller's "Like There's No Tomorrow" will be shown at CalNeva in Crystal Bay on Nov. 25 and Nov. 26 at 7:30pm.

Warren Miller movie in Stateline

Warren Miller's "Like There's No Tomorrow" will be shown in the MontBleu Theater in Stateline on Nov. 18 and Nov. 19.

Doors open at 6:30pm, with the movie at 7:30pm.

Tickets are \$16 plus tax and fees.

Sierra's Pray for Snow Party

Sierra-at-Tahoe's annual Pray for Snow Party is at Opal Ultra Lounge inside MontBleu casino in Stateline.

The Nov. 10 event starts at 6pm for pass holders, 7pm for the general public.

Experts: Exercise may reduce odds of getting breast cancer

By Laura Martin, Gannett

Exercise doesn't just lower the number on the scale: Studies now show that it can also reduce breast cancer risk.

The American Cancer Society predicts that in 2011, 288,000 American women will be diagnosed with breast cancer and that 39,520 women will die of the disease. These numbers could decrease significantly if more women were active, said Dr. Alvaro Carrascal, the American Cancer Society senior vice president of cancer control for New York and New Jersey.

"The relationship between physical activity and breast cancer has been studied widely, and several studies have shown that active women have a lower risk of getting breast cancer than sedentary women," Alvaro said.

The National Cancer Institute has funded studies exploring the role of physical activity and cancer risk, and they have found

that, across 50 studies, the risk of developing breast cancer was 20 percent lower among the most active women than among the least active.

These studies found that exercise lowered breast cancer risk for both pre- and post-menopausal women, but risk reduction was slightly greater for women who had already gone through menopause.

Read the whole story