

Tips for cyclists, drivers to make roads safer

More people commuting and recreating by bicycle has led to increased activity on Nevada highway and traffic bicycle lanes. This increase has led to a number of major injury incidents involving bicycles in the last several years. So far this year, there have been seven bicycle related fatalities in Nevada.

The following tips from the Washoe County Sheriff's Office for cyclists:

- Cyclists must obey all laws pertaining to driving, including all signs and signals, as if they were operating a motor vehicle.
- Always ride on the right and as far to the right side of the roadway as possible. While cyclists may use the travel lane, it is encouraged that they use a designated bicycle lane or to ride single file in traffic as a courtesy to other roadway users.
- Cyclists may not ride more than two abreast except on parts of roadway set aside for cyclists (bike lanes, cycletracs, buffered bike lanes, shared bike/bus lanes, etc.).

In the same manner, drivers in motor vehicles should remember to be aware of motorcycles and cyclists. Operators of motor vehicles should keep in mind that cyclists have the same rights as other drivers in Nevada.

In addition, drivers of vehicles should keep these safety tips in mind:

- When passing a cyclist you must move into an adjacent lane to the left, when possible. If changing lanes is not possible, you must allow at least 3 feet of

clearance between your car and the bicycle.

- At intersections, yield to cyclists as you would pedestrians or other vehicles
- Do not drive or park in designated bicycle lanes or paths unless needed for an emergency.

For more information and regarding bicycle safety and Nevada's laws concerning cycling go .

Borg on the road signing latest mystery

Lake Tahoe author Todd Borg has released his next book in the Owen McKenna mystery series.

"Tahoe Blue Fire" is about a former pro football player named Adam Simms who is suffering traumatic brain injury from his days on the gridiron. When Simms becomes the prime suspect in a series of brutal murders in Tahoe, Detective Owen McKenna can't tell if Simms is being framed or if he is a diabolical killer who is faking brain injury.



Borg will be doing a series of signs. Here is the schedule:

South Lake Tahoe

July 24, 4-7pm: Signing at Artifacts, 4000 Lake Tahoe Blvd. (in the Raley's Village Center near Stateline)

July 29, 6:30pm: Talk and signing at the South Lake Tahoe Library, Rufus Allen Blvd.

Aug. 2, 8:30am: Signing at Red Hut Cafe on Ski Run Boulevard.

Truckee

July 30, 5-7pm: Signing at The Bookshelf tent at Truckee Thursdays.

Reno

Aug. 1, 11am: Talk and signing, Sundance Bookstore at 121 California Ave.

Aug. 9, 8:30am: Signing at the Red Hut Cafe, 3480 Lakeside, No. 1.

Tahoe City

Aug. 1, 3pm: Signing at Geared for Games, Boatworks Mall.

Minden

Aug. 7, 6:30pm: Talk and signing at Shelby's Bookshoppe, 1663 Lucerne St.

Carson City

Aug. 8, 8:30am: Signing at the Red Hut Cafe, 4385 South Carson St.

Sept. 29, 6:30pm: Talk and signing at Browsers Books, 711 E Washington St.

Burlingame

Aug. 15-16: Signing and exhibiting the entire series at the Burlingame Art & Wine Festival.

Placerville

Aug. 29, 3pm: Talk and signing at El Dorado Arts Council Art Space at Fausel House, 772 Pacific St.

Mountain View

Sept. 12-13: Exhibiting and signing the entire series at the Mountain View Art & Wine Festival.

Pleasanton

Sept. 18-20: Exhibit and sign books at the Pleasanton Harvest Festival at the Pleasanton Fair Grounds.

Genoa

Sept. 26-27: Exhibit and sign books at the Candy Dance Festival.

Sacramento

Nov. 6-7: Exhibit and sign books at the Sacramento Fine Arts Show.

Nov. 20-22: Exhibit and sign books at the Sacramento Harvest Festival at Cal Expo.

San Mateo

Nov. 13-15: Exhibit and sign books at the San Mateo Harvest Festival.

San Jose

Nov. 27-29: Exhibit and sign books at the San Jose Harvest Festival, San Jose Convention Center.

Quincy

Dec. 4, 5-7pm: Signing at Epilog Books.

Lake Tahoe clarity improves with drought

By Kathryn Reed

Drought is proving to be a good thing for the waters of Lake Tahoe, at least when it comes to clarity.

With less sediment reaching the lake mostly because the spring runoff was dismal, lake clarity is the best it has been in a decade. The Secchi disk – which resembles a white dinner plate – could be seen by the naked eye at a depth of 77.8 feet in 2014. The 2013 reading was 70.2 feet.

Those numbers come from averaging 28 readings during the year. Last year the deepest the 10-inch disk could be seen was 93.5 feet on July 7, while the shallowest was 57.4 on Sept. 16.

The data comes from the UC Davis Tahoe Environmental Research Center's "Tahoe: State of the Lake Report 2015" that was released today.



Scientists have discovered Lake Tahoe's clarity and blueness are not one in the same. Photo/LTN

"While these latest data are very reassuring, they should not be interpreted as victory in our joint restoration efforts," Geoff Schladow, director of TERC, said in a statement. "Complete restoration is still decades away, and some of the greatest challenges still lie ahead of us. We are enduring drier and warmer conditions than we have ever encountered, and the restoration consequences of that are still far from understood."

Climate change is a concern for scientists as they study the health of the lake and try to analyze how various factors affect the ecosystem.

At 29, the winter 2013-14 had the least number of freezing days in the last century; precipitation was 61 percent of the long-term average; snowpack was the lowest in 100 years; the annual-averaged surface temperatures were at an all-time high in 2014 at 53 degrees.

"Other consequences of climate change could also be seen in

the rising temperature of the deep waters of the lake. In the last 38 years bottom temperatures have increased by over 1 degree," the report says. "Lake Tahoe did not mix to its full depth in 2014, the third consecutive year in which this has not happened. Instead, the maximum depth of mixing was only 440 feet, reached in March. The lack of mixing was due to a third year of above average lake stability, driven by the generally warmer weather."

New in this year's annual document was a study about what factors make the lake blue. The conclusion is less algal concentration means a bluer Lake Tahoe.

The blue study was a collaboration between UC Davis postdoctoral researcher Shohei Watanabe and the NASA-Jet Propulsion Laboratory and Laval University. A blueness index was created using data from a NASA-JPL research buoy at the lake and hyperspectral radiometers that measure the amount of light leaving the lake at each waveband.

The conclusion was that blueness and clarity measurements went in opposite directions. In other words, when clarity improves, the blueness declines and vice versa.

"This does not mean that clarity should be dismissed," Watanabe said in a statement. "Rather, it shows that algae concentrations and nutrient input should be managed more closely to truly keep Tahoe blue and clear."

Evaporation is the main source of water loss. In 2014, 52 inches of water evaporated from the lake. One inch of evaporation is equal to 3.5 billion gallons of water.

It has just been in the last couple years that a concerted effort has been made to study water near the shoreline, aka the near shore. The study found that periphyton, or attached algae, on rocks decreased from 2013 to 2014.

"The two most urbanized sites, Tahoe City and Pineland, were

one-half to one-sixth of their values in 2013. This decrease is not believed to be part of a long-term trend, but linked to the low water levels and the reduced nutrient input,” the report says.

TERC is creating a link between near shore water quality and measured meteorology, stream flow and storm water flow to provide a scientific basis for near shore restoration.

—

Notes:

- Geoff Schladow will give a presentation about the report on July 23 at 6pm at TERC (on the campus of Sierra Nevada College in Incline Village).

Truckee man dies in car crash

A 19-year-old Truckee resident died in a single-vehicle accident on July 21.

Giovanni Arellano was believed to be on his way home from work when the accident occurred at about 11:30pm.

Truckee police officers said Arellano's vehicle left the road and hit a large tree. This was in the area of Jeffery Pine Road and Alpine Fir Road in Truckee.

Alcohol does not appear to be a factor.

— *Lake Tahoe News staff report*

Adventurer wants Tahoe canoe speed record



Grant Korgan wants to set a canoe record on Lake Tahoe.
Photo/High Fives Foundation

By Benjamin Spillman, Reno Gazette-Journal

Paddling a canoe around Lake Tahoe would be quite an accomplishment for most people.

Grant Korgan isn't most people. He wants more.

The relentlessly positive Korgan wants to make the trip in fewer than 16 hours, which would be a world record.

The 38-year-old from Incline Village is making the attempt as he continues to recover from a severe spinal cord injury suffered in a snowmobile accident in 2010 that left him paralyzed from the waist down.

Read the whole story

Letter: Say 'no' to electronic digital signs

To the community,

Several people have said to me that they do not want to see electronic digital signs in our beautiful county. So why are digital signs included in the proposed new sign ordinance? Does the majority of the public even know that digital signs are being proposed in the new sign ordinance? The county confirmed that it did not perform any surveys or polls to see if residents want the digital signs.

El Dorado County residents must speak up and voice their concerns to the Board of Supervisors if they do not want to see electronic digital signs in El Dorado County. People visit and live in El Dorado County to get away from the hustle and bustle of the city, not to be bombarded with digital signage. It would be in our best interest to find less invasive and more aesthetically pleasing ways to promote local businesses and events.

The Board of Supervisors will hold a hearing on the proposed new sign ordinance on July 28 at 2pm. Make your concerns heard by either emailing the supervisors or attending the meeting.

Email the Board of Supervisors:

1. Ron Mikulaco, Supervisor District I, 530.621.5650, bosone@edcgov.us
2. Shiva Frentzen, Supervisor District II, 530.621.5651, bostwo@edcgov.us
3. Brian Veerkamp, Supervisor District III, 530.621.5652, bosthree@edcgov.us
4. Michael Ranalli, Supervisor District IV, 530.621.6513, bofour@edcgov.us

bosfour@edcgov.us

5. Sue Novasel, Supervisor District V, 530.621.6577,
bosfive@edcgov.us.

The agenda for the July 28 meeting will be posted here when available.

A photo example of the digital signs is available here.

This is our chance to stand up and defend our beautiful county. Please join me.

Jeannette Maynard, Shingle Springs

Pharma industry may have a fix for migraines

By David Wainer, BloombergBusiness

Some wear sunglasses indoors, apply cold vinegar compresses or chew on ginger. Others sit in the dark for days. But there's one thing most migraine sufferers agree on: the pharma industry has failed them.

Four drugmakers are working to fix that by bringing to market the first generation of drugs developed to prevent migraines. The products, designed to target a peptide known to touch off the pain attacks, all have blockbuster potential.

An early look at the drugs Teva Pharmaceutical Industries Ltd., Amgen Inc., Eli Lilly & Co., and Alder Biopharmaceuticals have developed shows they work for about half of migraine victims tested, snuffing out some of the episodes that wreck their lives. The drugmakers are racing to

cash in on a market that analysts say is worth between \$4 billion and \$8 billion and relieve the recurring spells that cost the U.S. economy an estimated \$13 billion a year in lost work productivity.

Read the whole story

Man wanted for multiple robberies



This man is wanted in the connection with a series of pharmacy robberies.

The man who may be responsible for committing five recent armed pharmacy robberies struck for the sixth time in Kings Beach on July 16.

This is the same pharmacy that was robbed two months ago.

On May 16, the suspect robbed the Rite-Aid in Kings Beach while wearing a surgical mask. On July 16, his face was exposed. Colfax, Reno and Incline Village pharmacies have also

been robbed.

He is described as Caucasian with olive skin; clear complexion; black or dark brown hair with some gray, which flipped up behind his ears and around his neck; 5-feet-6-inches to 5-feet-10-inches tall; with a thick build; brown eyes; 30 to 45 years of age; clean shaven; and speaks without an accent.

He has worn different clothing during robberies, but he has always worn either a ball cap or a “boonie” or fishing-type hat.

In all of the robberies, the suspect concealed a handgun in his pocket and partially displayed it to the employee. The suspect was said to be calm and talked normally as he asked for Methadone and other drugs. After he was given the medication, he quickly walked out of the store and fled.

– *Lake Tahoe News staff report*

Train delivers stellar show at Harveys



Train keeps fans on their feet for much of the July 21 concert at Harveys in Stateline. Photos/Kathryn Reed

By Kathryn Reed

STATELINE – Three dynamic men had fans on their feet for nearly four hours Tuesday night as they sang, danced and wowed the full house at Harveys.

San Francisco's Train headlined the July 21 concert, but it was Matt Nathanson who got the crowd grooving in a way most opening acts aren't able to do. His charismatic stage presence was engaging to the point one has to wonder why he and his band were first instead of the Fray.

Nathanson showed his power as he launched into the peppy "Gold in the Summertime" under what were overcast skies left over from the afternoon thunderstorm. The clouds parted and the sun came out as if on cue.



Matt Nathanson has a
captivating stage
presence.

Matt Nathanson drummer Konrad Meissner was essentially playing before a home crowd since he was born and raised in Truckee.

Nathanson talked about the relationship people have to music, admitting he wouldn't have survived his childhood without it. He connected with a trio of youngsters who had no inhibitions to dancing to all of his music; at the end he gave them each a guitar pick.

The Fray, which has been around since 2002, is led by singer/pianist Isaac Slade. But the sounds they produced were nothing compared to Matt Nathanson, nor could Slade's personality come close to Nathanson's.



Pat Monahan of Train
sings his way through
the aisles at Harveys.

Pat Monahan – front man for Train – proved why this San Francisco-based band is still a favorite with fans after 21 years on the music scene. So many bands just play their music, thinking that is enough. Many crank up the bass or turn the song into something that sounds nothing like the recording – to the point it’s ruined or unrecognizable.

Not so with Train. The sounds were rich and the atmosphere was like they were playing a private party for the nearly 7,000 people who were dancing all night.

It was pure entertainment under the stars at Lake Tahoe as they cranked out hit after hit in a 17-set musical showcase that also included three encores. This is a band worth seeing more than once. Train was here in **July 2014**, playing for another appreciative crowd.

In between favorites like “Meet Virginia”, “Calling all Angels” and “Hey, Soul Sister” Monahan interacted with the crowd. He is definitely a showman.

He joined Nathanson and Slade’s leads by getting off the stage and singing through the crowd. The three of them sang the

Beatles' hit "With a Little Help from My Friends".



Pat Monahan, Matt Nathanson
and Isaac Slade

From the stage Monahan eagerly took selfies with countless fans – taking the picture with their phones. He then sent pictures out on the band's Twitter account.

Shirts – one that was even signed that night by all the band members as he was wearing it – were thrown to lucky fans.

Monahan showed his softer side just before singing "Marry Me" by giving a shout out to his wife on what was their eighth wedding anniversary. It was the only time a hush fell over the crowd.

The night started with "Just a Memory" off the band's latest album "Bulletproof Picasso". Singles from the 2014 "Bulletproof Picasso" have not gotten much airtime. Only "Angel in Blue Jeans" broke into the Billboard Hot 100 list. That didn't faze fans – they knew the lyrics to most every song.

In November, Train is expected to release its first holiday album with the working title of "Christmas in Tahoe". Three original songs will accompany covers.

“There’s a couple of traditional covers on there, but we tried not to do the same stuff everybody else does,” Monahan told *Billboard* magazine. “Like, our favorite song on it is from The Band called ‘Christmas Must Be Tonight,’ so it’s that kind of record where it’s a vibey, make dinner around Christmas time and listen to an alternative kind of Christmas album.”

Barton grief support group changes times

Reflections of Life and Loss, Barton Hospice’s grief support group, has changed meeting dates and times.

People who have experienced the loss of a loved one or endured a significant, life-altering event are encouraged to attend. This group teaches attendees how to cope with certain situations and encourages emotional connections with others. It can improve a participant’s mood and decrease psychological distress.

The meeting times are the second and fourth Thursday of every month from noon-1:30pm at 2092 Lake Tahoe Blvd., Suite 600, South Lake Tahoe.

For more info, contact Tina Bruess at 530.543.5592.