

Domestic violence suspect apprehended

A Truckee man wanted on domestic violence and other charges was arrested Aug. 8.

Corbin Nunnally, 30, was wanted for his possible involvement in several felonies including domestic violence, kidnapping, child endangerment and robbery.



Corbin
Nunnally

Truckee officers tried to apprehend Nunnally at the Gateway shopping center on Donner Pass Road on Aug. 6

Truckee PD received information from the Reno Police Department that Nunnally had boarded a bus headed to the Sacramento area. In conjunction with the Reno PD, surveillance was established on the bus and law enforcement followed the bus to California. The Truckee Police Department and California Highway Patrol conducted a traffic stop on the bus on Interstate 80 near Hirschdale Road.

Nunnally was taken into custody without incident. He was booked in to the jail in Truckee on charges of kidnapping, dissuading a victim from reporting a crime with threats, burglary, child endangerment and criminal threats.

– Lake Tahoe News staff report

Study: Most picky eating harmless, but it can signal emotional woes

By Lindsey Tanner, AP

Parents of picky eaters take heart: Research suggests the problem is rarely worth fretting over, although in a small portion of kids it may signal emotional troubles that should be checked out.

Preschool-aged children who are extremely selective about what they eat and dislike even being near certain foods are more likely than others to have underlying anxiety or depression, the study found. But only 3 percent of young children studied were that picky.

Less severe pickiness, dubbed “moderate selected eating” in the study, was found in about 18 percent of kids. These are children who will only eat a narrow range of foods. Kids with either level of pickiness were almost two times more likely than others to develop anxiety symptoms within two years, the study found.

More typical pickiness, including kids who just refuse to eat their vegetables, is probably merely “normal dislike,” said eating disorders specialist Nancy Zucker, the lead author and an associate psychiatry professor at Duke University’s medical school. These are the kids who typically outgrow their pickiness as they mature.

Zucker said young children with moderate pickiness are probably more likely to outgrow the problem than the severe

group, although more research is needed to confirm that.

The study was published in the journal *Pediatrics*.

Arthur Lavin, a Cleveland pediatrician said picky eating is among the top concerns parents bring to his office, and that the study “helps us understand who we should be concerned about.”

“There’s more going on here than just not wanting to eat broccoli,” said Lavin, a member of an American Academy of Pediatrics committee on psycho-social issues. He was not involved in the research.

The study focused on about 900 children aged 2 through 5 who were recruited from primary care doctors affiliated with Duke’s medical center in Durham, N.C.

Researchers did in-home interviews with parents to evaluate kids’ eating habits and any mental health issues. Follow-up evaluations were done two years later in almost 200 children.

Compared with children who aren’t fussy eaters, depression and social anxiety were at least two times more common in kids with severe pickiness; attention deficit behavior and separation anxiety symptoms were more common in moderately selective kids.

Severe selective eating described in the study is akin to a condition called avoidant/restrictive food intake disorder, added in 2013 to the latest edition of a widely used psychiatric manual, the study authors said. It can occur in all ages; some of those affected are extra-sensitive to food tastes, smells and textures.

Zucker said severe pickiness may be the first clue for parents that a child is experiencing anxiety or depression and that they may want to seek help from a mental health specialist.

Moderate pickiness is less concerning but affected kids can

make family meal-times a battleground, she said. To avoid that, Zucker suggests that parents try introducing new foods at random times during the day.

Opinion: Crime increasing in South Lake Tahoe

By Brian Uhler

Community outreach: The Meet the Police outreach campaign is going well. As a reminder, Coffee with a Cop happens on Thursdays and ends on Aug. 27. The Police Open House was well attended and we look forward to doing it again next year.

Operation Chill: To make connections with younger people in situations which are not related to law enforcement, the department has partnered with 7-Eleven in something called Operation Chill. Our officers will look for young people doing something positive and “ticket” them with a coupon for a free Slurpee. Such good acts might be things like wearing bike helmets, using crosswalks, being nice, or just as a way for police staff to start a conversation with young people.



Brian Uhler

General summer information: So far, the community has fared

very well this summer from a police perspective. Our July 4 festivities went very well with our visitors only being minimally mischievous. While traffic flow has been difficult with summer construction and a high number of tourists, we have had only a few serious accidents. Tragically, one accident was a motorcycle accident where a young female passenger died from a head injury. Motorcyclists are reminded to always wear a proper helmet with the DOT sticker.

Live at Lakeview: The summer music events have been going smoothly. While we would prefer to have those attending follow the simple rules, it has been necessary for our officers to write three or four citations during each of our Thursday events (mostly for open alcohol container or smoking). Let's work together to make sure these events remain family friendly.

Crime: While we are pleased to see rape and motor vehicle thefts are down, our community has seen large increases in the numbers of assaults and thefts this year. Overall, this year's crime rate is up 12 percent. Essentially, the positive results for 2014 compared to 2013 have been reversed. In 2014, we saw a decrease in violent crime (down 3.4 percent) and a decrease in property crime (down 11.8 percent). The following chart compares the first seven months of last year against the first seven months of this year:

Crime

2014

2015

% change

Homicide

0

0

N/A

Rape

6

4

-33%

Robbery

8

10 +20%

Assault

229

255 +10%

Burglary

59

59 0%

Theft

187

234 +20%

Motor Vehicle Theft

27

21 -22%

Total

516

583 12%

Crime prevention: In light of the above information, please lock-up your things and avoid situations which might lead to an assault. While this may seem overly simple, we see many occasions where these simple measures might have prevented a crime altogether. Lastly, do your part to report suspicious activity so we might have a better chance at catching those who commit crime.

Brian Uhler is the police chief in South Lake Tahoe.

EDC explorers place at state competition

The El Dorado County Sheriff's Office Explorer Post 457 brought back multiple awards from the 2015 Central Valley Explorer Competition.

The team was made up of Explorer Capt. Dylan Kammerer, Explorer Lt. Morgan Sears, Explorer Sgt. Nick Lawrence, Explorer Sgt. Zack Gallavan, Explorer Cpl. Richard Barney and Explorer Cpl. Grace Hunter.

They competed against 38 other teams July 17-19 in Manteca. They took third place in the Crime Scene Scenario. Partnered with the South Lake Tahoe Police Department Explorers, the combined team took third place in the Domestic Violence Situation Scenario and Hostage Negation Scenario.

The explorers also competed in 13 other scenarios including active shooter, traffic stop, bus assault, vehicle search, hostage rescue, burglary investigation, running the obstacle course, DUI investigation, a mental health situation, and a high risk traffic stop.

USFS uses bulk of budget to fight fires

By Henry K. Lee, San Francisco Chronicle

The U.S. Forest Service issued a report Wednesday saying that for the first time in its history it was spending more than half of its \$5 billion annual budget battling wildfires, and

the toll will only get bigger in years to come

With the increased emphasis on fighting fires, programs that help prevent blazes, such as forest restoration and watershed and landscape management, will continue to suffer, Forest Service officials said.

The report suggested that instead of treating catastrophic wildfires “as a normal agency expense, we must treat them more like other natural disasters, such as tornadoes and hurricanes.”

Read the whole story

Smoke in Tahoe from fires outside basin

Smoke for the past couple days has been drifting in and out of the Lake Tahoe Basin from fires burning in Northern California.

Local fire officials believe with the winds being out of the west on Saturday that mostly likely the current haze is from the Rocky Fire. It has burned nearly 70,000 acres in the Lake County area, which is above Napa County.

There are fires burning in the Sierra, Shasta-Trinity and Sequoia national forests.

A small fire is also burning in Blue Canyon off Interstate 80.

– Lake Tahoe News staff report

Spicy foods may be answer to longer life

By Ariana Eunjung Cha, Washington Post

There's probably no food quite as baffling as the chili pepper.

A bite of a habanero, jalapeño or cayenne can pack such an ouch that all logic says they should repel those who attempt to consume them. Yet for centuries humans have not only eaten such spicy foods – but enjoyed them. In recent years, worldwide consumption of hot spices has grown dramatically, fueled by the popularity of Mexican salsas, Thai and Indian curries and the like.

Scientists seeking to better understand the alluring properties of hot foods have found evidence that we may be so drawn to them because they are good for us. While the research is still preliminary, it suggests spicy food may have all kinds of health benefits ranging from boosting metabolism and preventing gastric damage to reducing the risk of heart disease and cancer.

Read the whole story

Lifties shut down resort in

Patagonia

By Skiing

Staff members at Cerro Catedral ski resort near San Carlos de Bariloche blocked access to the lifts Wednesday morning in protest. The group of lift operators are demanding a 30-percent wage increase and are burning tires, hanging banners, and beating drums until they get it—no really, they are.

Until the situation is resolved, on-resort operations have been halted. That is, of course, a big problem for locals and foreigners looking to ski the fresh pow of recent storms in the Andes.

Read the whole story

Cyclist seriously hurt in Meyers



First responders take an injured cyclist to the air ambulance. Photo/Provided

A 70-year-old man was airlifted to Renown Medical Center in Reno today after crashing his bike near Tahoe Paradise Park.

The cyclist, whose name and hometown have not been released, was riding near the Upper Truckee River when he struck a tree. He was not wearing a helmet.

He was taken out of area July 8 about 12:15pm by Lake Valley Fire personnel and then airlifted by Calstar from Tahoe Paradise Golf Course with life threatening injuries.

– Lake Tahoe News staff report

Vandals mar Incline Village church



Washoe County inmates clean the graffiti off the church.
Photo/Provided

Washoe County sheriff's deputies are looking for the person who painted graffiti on the St. Patrick's Episcopal Church in Incline Village.

The vandalism occurred between 8pm Aug. 5 and 8am Aug. 6.

The suspect, or suspects, painted graffiti on the church building and a car that was parked on church property. Letters mounted to the front of the church were also stolen.

The FBI is involved and is also investigating a series of church vandalisms that occurred on Easter Sunday in Incline Village.

Anyone who may have information about this incident is asked to contact the Washoe County Sheriff's Office at 775.832.4107, or Secret Witness at 775.322.4900.

– *Lake Tahoe News staff report*