K's Kitchen: Tomato, corn, basil salad

By Kathryn Reed

With farmers' markets getting ready to call it a season in the Lake Tahoe area and summer produce soon to be thing of the past, this recipe needs to be made soon.

While the ingredients can be found year-round, I try not to buy tomatoes out of season. They don't have any flavor.

This is a great salad to serve with a variety of main courses. It would also be a good one to take to a pot luck.



Corn, Tomato, Basil Salad

- 2 large heirloom tomatoes, diced
- ½ tsp kosher salt
- 1/3 C extra virgin olive oil
- 1 T flat leaf parsley, chopped
- 3 T red wine vinegar
- 1 T grainy mustard

- 1 T sodium soy sauce
- 1 T white miso
- 1 medium shallot, minced
- 2 C corn kernels
- ¹/₄ C shaved Parmigiano-Reggiano
- 2 T flat leaf parsley, chopped
- 12 fresh basil leaves, torn into small pieces

Put tomatoes in a large bowl. Sprinkle with salt; let stand.

Combine oil and next six ingredients (through shallot) in a pint jar. Shake until blended.

Add the remaining ingredients to tomatoes. Pour vinaigrette over mixture. Toss and serve.