

Food drive for South Tahoe kids in need

St. Theresa's Bread & Broth 4 Kids' Cram-A-Cruiser event is Sept. 30 at Grocery Outlet in South Lake Tahoe from 10am-3pm.

Help cram a police cruiser full of food of food to aid South Lake Tahoe children in need.

Bread & Broth 4 Kids packs bags of food each week for local school kids to take home over the weekend. Students at Sierra House Elementary, Bijou Community School, Tahoe Valley Elementary and South Tahoe Middle School who qualify for the free lunch and breakfast program are also eligible to receive weekend food through Bread & Broth 4 Kids.

Each weekend the children receive three dinners, two breakfasts, two lunches and snacks to take home when food provided at school is not available.

Funded completely on donations, Bread & Broth 4 Kids appreciates food and cash in order to bag the weekend food. During the 2016-17 school year, 140 students received the weekly bags, and this year's goal is 150 each week.

Needed donations:

Canned soup and meals such as Ravioli, Spaghetti and Meatballs, Chili

Instant cups of macaroni and cheese

Cup Of Noodles and Top Ramen

Canned Tuna and Chicken

Packets of instant oatmeal

Granola bars

Individual serving boxes of cereal

Beef jerky

Raisins and fruit snacks

Peanut butter and jelly

Crackers with cheese or peanut butter.

Individual serving sizes are needed so the children can carry them home. Many families do not have means to cook so items requiring no preparation, water or easy heating are necessary. Bread & Broth purchases fresh fruit each week to be placed in the food bags.