

ZCTC upping players' games with clinics

Playing tennis in Lake Tahoe can be challenging because it's not a year-round sport in the basin. This means taking lessons – private or group– is the best way to get the rust off from winter. Instruction is also going to help those who want to advance their game.

Dave Nostrant, who has been teaching for decades, is in his first year as the head pro at Zephyr Cove Tennis Club. He is filling up the calendar with an array of clinics for various levels.

Also giving lessons at ZCTC is Ginny Unger.

Here are highlights on what is being offered at Zephyr Cove:

- Mondays – 9-10:30am, women's 3.0-3.5 drill clinic – Ginny Unger
- Mondays – 10:30am-noon, women's 3.5+ drill clinic – Unger
- Tuesdays – 9-10:30am, 3.0-3.5 women's and men's drill clinic – Nostrant
- Wednesdays – 10-11am, 4.0 and up, women's and men's super drills – Nostrant
- Thursdays – 9-10:30am, all levels women and men, cardio tennis – Nostrant
- Saturdays – 9-10:30am, men's clinic, all levels – Nostrant.

For more info, go **online**.

Private lessons also are available from Nostrant (970.496.6277

or davenostrant@yahoo.com) or Unger (775.901.6713 or ginnyunger@yahoo.com). Nostrant also offers video analysis, same-day stringing, and multi-day camps. For camp information, go **online**. For youth schedule, check **this link**.

Membership to ZCTC is \$85 for the year. For more information, go **online**.