

Workshop to focus on preparing for the end

Lake Tahoe Presbyterian Church is hosting an end of life matters seminar.

It will be April 30 from 9am-1:30pm in the family room of the South Lake Tahoe church.

This seminar focuses on the preparation and resources available to create a satisfying final chapter in one's life. Topics will include:

- Facing mortality with courage and hope. Distinguishing the possible line between an abundant life and prolonging life.
- Understanding wills, trusts, health care directives, power of attorney and other crucial documents.
- Examining healthcare realities that impact end of life, including medical provisions and the new death with dignity legislation.
- Considering loved ones, and the possible burden of care giving and decision-making.
- Leaving behind a legacy through example, wisdom and opportunity.

A light lunch will be served. For reservations, call 775.392.1715.