Food from a different century

By Daniel Neman, St. Louis Dispatch

Imagine the exciting world of 1900.

Dresses were more daring, and by 1910 hemlines would rise almost all the way to the ankle. William McKinley was re-elected president, though he would not be destined to serve long. The Wright Brothers conquered the air in 1903. The world of art was undergoing a massive revolution.

And with its World’s Fair in 1904, St. Louis briefly became the center of the universe.

It was an exciting time for food, too. In the first decade of the new century, brownies were invented, Necco wafers came into being and the first patent was issued for instant coffee. Peanut butter and jelly sandwiches and hot fudge sundaes were created then, too.

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