# Workshop in Truckee uses TWR technique

“Tap Into Your Joyful Wisdom” is a workshop for women using transformative wholistic reintegration.

The TWR technique as people “face, erase, and replace your issues with grace”.

The next session taught by Change From the Inside Out coach Colleen Akiko Jackson is June 12 from 1:30-3pm at the Truckee Donner Senior Apartments Community Room, 10040 Estates Drive in Truckee.

All ages welcome. Donations accepted.