Cross country skiing – no need to pay, travel far

By Kathryn Reed

MEYERS – If you don't like to break trail, wait a day or two after a snowstorm and it's possible snowmobilers will have laid down a path that is better than what fellow human-powered recreationists have done.

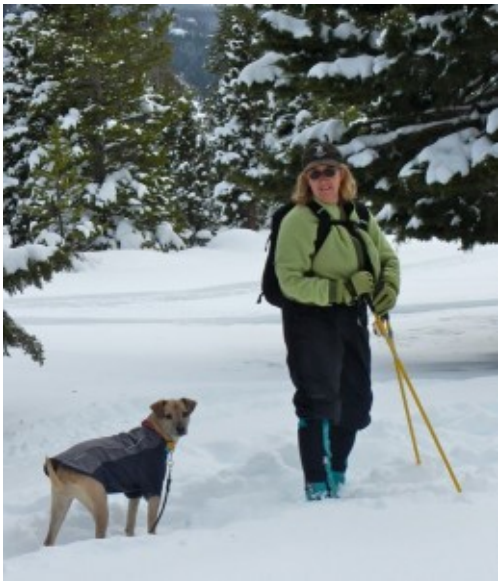
Those sled tracks are wide enough to find your own groove, whereas someone else's skis may be too wide or narrow to adequately follow.

Last weekend we found great snowmobile tracks to follow in Meyers just off Highway 50.

I've never been one who likes hills on cross country skis, so this flat area was ideal. Plus, the snow was the perfect consistency – whether in powder or the sled trail.

With three snowmobilers still out playing when we arrived, we were the first to benefit from their maneuvers. And we thanked them for that.

It doesn't take long to think we're in some remote location. The din of the highway has disappeared and pristine snow shimmers around us. Pines with their boughs full of clumps of snow loom tall.



Sue and AJ on a trek through the snow in Meyers. Photos/Kathryn Reed

Smiles cross our faces as we glide along in what becomes our private playground.

Then we stumble upon modern-day equipment. This is where the U.S. Forest Service in summer 2011 installed a fire weather station.

Forward we go and head a bit to our right. There we see houses. People along Modoc and other streets have this area practically in their back yard.

Not much farther and we hit the road that leads to Tahoe Paradise Park. Had we crossed it, we would have come to Lake Tahoe Golf Course. Instead, we choose to ski along the tennis courts at the park.

Across Lake Baron we see a group of snowshoers exploring that section of the forest.

Oddly, we see signs saying no dogs or trespassing at the lake, but no sign saying there is a lake there. It looks like a drowning waiting to happen. It’s not obvious it’s a lake with

the snow on it.

We shake our heads and meander farther. As we head back toward the highway we veer out to the right to make this as wide of a loop excursion as possible.

While this trek didn’t get the heart rate up, it was a great way to get a little exercise outdoors without seeing many people on a busy weekend.

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Getting there:

From South Lake Tahoe, go west on Highway 50. Go beyond the bug station. The Caltrans chain RV was out when we went. We parked well before that. This is before the climb up Echo Summit. Climb the snowbank and start having fun.

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