

Flay wins omelet throw down in Reno

The Spanish Flay will debut on the Squeeze In™'s menu Thursday in honor of Bobby Flay.

The Food Network star showed up at the Reno restaurant last month for one of his famous throw downs.



On Wednesday night the half-hour segment showed that Flay knows a thing or two about whipping eggs into a tasty omelet. His secret ingredient of smoky paprika helped wow the audience.

Squeeze In owners Misty and Gary Young showcased their 300,000 Racy Tracy omelet. A little white wine is the secret to theirs.

The Youngs took over the original Truckee restaurant six years ago, which has been open since 1974. They opened the Reno location two years ago.